

# Your duty to take reasonable care not to make a misrepresentation

## About your duty

When you apply for life insurance as a member of Australian Retirement Trust, the insurer may conduct a process called underwriting. It's how the insurer decides whether it will cover you, and if so on what terms and at what cost. If your application is underwritten, you will be asked questions which the insurer needs to know the answers to. These will be about your personal circumstances and may include questions about your health and medical history, occupation, income, lifestyle, pastimes, and current and past insurance. The information you provide in response to the questions is vital to the insurer's decision.

## The duty to take reasonable care

When applying for insurance which is to be underwritten, you have a legal duty to take reasonable care not to make a misrepresentation before your application is accepted by the insurer. A misrepresentation is a false answer, an answer that is only partially true, or an answer which does not fairly reflect the truth. This duty also applies when extending or making changes to existing insurance, and reinstating insurance.

## If you do not meet your duty

If you do not meet your legal duty, this can have serious impacts on your insurance. Your cover could be avoided (treated as if it never existed), or its terms may be changed. This may also result in a claim being declined or a benefit being reduced. Please note that there may be circumstances where the insurer later investigates whether the information you provided was true. For example, the insurer may do this when a claim is made.

## Guidance for answering questions

When answering questions as part of an application for insurance cover, you should:

- Think carefully about each question before you answer. If you are unsure of the meaning of any question, please ask us or the insurer before you respond.
- Answer every question.
- Answer truthfully, accurately and completely.
- If you are unsure about whether you should include information or not, you should include it.
- Review your application carefully before it is submitted. If someone else helped prepare your application (for example, your adviser), you should check every answer (and if necessary, make any corrections) before the application is submitted.
- You must not assume that Australian Retirement Trust or the insurer will contact your doctor for any medical information.

## Changes before your cover starts

Before your application is accepted, the insurer may ask about any changes that mean you would now answer the questions differently. As any changes might require further assessment or investigation, it could save time if you let us or the insurer know about any changes when they happen.

## If you need help

It's important that you understand this information and the questions that you are asked. Ask us or the insurer for help if you have difficulty understanding the process of applying for insurance or answering our or the insurer's questions. If you're having difficulty due to a disability, understanding English or for any other reason, we are here to help and can provide additional support for anyone who might need it.

## What can the insurer do if the duty is not met?

If you do not take reasonable care not to make a misrepresentation, there are different remedies that may be available to the insurer. These are set out in the *Insurance Contracts Act 1984* (Cth). These are intended to put the insurer in the position they would have been in if the duty had been met.

For example, the insurer may:

- avoid the cover (treat it as if it never existed);
- vary the amount of the cover; or
- vary the terms of the cover.

Whether the insurer can exercise one of these remedies depends on a number of factors, including:

- whether you took reasonable care not to make a misrepresentation (this depends on all of the relevant circumstances);
- what the insurer would have done if the duty had been met – for example, whether they would have offered cover, and if so, on what terms;
- whether the misrepresentation was fraudulent; and
- in some cases, how long it has been since the cover started.

Before the insurer exercises any of these remedies, they will explain their reasons, how to respond and provide further information, including what you can do if you disagree.

# NRMA Superannuation Plan

## Change of Insurance Cover

**↓ Please read the important information**

**IMPORTANT:** Before completing this form please ensure you read and understand your Duty to Take Reasonable Care Not to Make a Misrepresentation located at [australianretirementtrust.com.au/duty](http://australianretirementtrust.com.au/duty)

Please provide us with as much information as possible. Please tick boxes where appropriate.

Use BLOCK letters and black or blue ink when completing this form and ensure it is signed and dated.

**\*DENOTES MANDATORY FIELD. If you are under 18 years of age please contact us before completing this form.**

To access information about your plan online, visit [portal.australianretirementtrust.com.au/nrma](http://portal.australianretirementtrust.com.au/nrma)

### Member number

if already a member

### Office use only

C59394

## 1 Personal details

Title	First name*	Middle name
<input type="text"/>	<input type="text"/>	<input type="text"/>
Last name*	Date of birth (DD/MM/YYYY)*	Gender*
<input type="text"/>	<input type="text"/>	<input type="text" value="M"/> <input type="text" value="F"/>
Street address / PO Box*		
<input type="text"/>		
Suburb / Town*	State*	Postcode*
<input type="text"/>	<input type="text"/>	<input type="text"/>
Home phone number		Daytime phone number*
<input type="text"/>		<input type="text"/>
Personal email address		Mobile phone number*
<input type="text"/>		<input type="text"/>

**Note:** Where we can we'll provide your documents, including statements and notices of changes to your account, electronically. We'll email or SMS you when information is ready to view in [Member Online](#). If you would prefer information is posted to you, change your preferences in [Member Online](#), the [Australian Retirement Trust app](#), or by contacting us.

## 2 Details of your occupation

<b>2A</b>	<b>Are you at work?</b> <b>Note:</b> This means you must be performing your normal paid duties for your employer.	<input type="text" value="YES"/> <input type="text" value="NO"/>	<b>Your occupation</b> <input type="text"/>	<b>Degree/trade qualification</b> <input type="text" value="YES"/> <input type="text" value="NO"/>
<b>Industry</b> (e.g. mining, manufacturing, construction, agriculture, retail)		<b>Name of your employer</b> <input type="text" value="NRMA"/>		<b>Your annual salary</b> <input type="text" value="\$"/>
<b>List the principal duties of your occupation and the percentage of time at work spent doing each (e.g. office work 20%, site inspection 80%)</b>				
1 <input type="text"/> %		2 <input type="text"/> %		3 <input type="text"/> %
<b>List the primary locations of your occupation, and the percentage of time at each location (e.g. office 20%, home 30%, suburban driving 50%)</b>				
1 <input type="text"/> %		2 <input type="text"/> %		3 <input type="text"/> %
<b>2B</b>	<b>Employment status?</b>	Permanent full time <input type="text"/>	Permanent part time <input type="text"/>	
<b>2C</b>	<b>Hours that you work a week (on average):</b>	Under 14 hours <input type="text"/>	14 hours or more <input type="text"/>	

Refer to your Super Savings – Corporate Insurance Guide for the definition of 'salary'.

### 3 Insurance cover

**Important:** Before completing this section, please refer to your Super Savings – Corporate Product Disclosure Statement for Accumulation Account (PDS) and Super Savings – Corporate Insurance Guide for insurance details, available on your employer plan's microsite. Any increase in insurance cover will be subject to acceptance by the insurer and will apply from the date your cover is accepted by the insurer.

#### 3A Would you like to change your level of Standard Death and Total & Permanent Disability (TPD) cover?

Level 1  
(5%)

☐

Level 2  
(10%)

☐

Level 3  
(15%)

☐

Level 4  
(20%)

☐

Refer to your Super Savings – Corporate Insurance Guide for information about how to calculate your amount cover.

If you'd like more than Level 4 cover, please complete section 3B to apply for Additional cover.

**Note:** If you're increasing your cover within 120 days of joining your employer, or reducing your cover, you do not need to complete the entire form; simply tick the appropriate box and sign and date the form in section 4.

OR

#### 3B Would you like to apply for Additional cover?

##### Death and Total & Permanent Disability (TPD)

I would like to apply for the following amount of fixed cover<sup>1</sup>:

Death cover

\$

TPD cover

\$

The amount you specify will be in addition to your Standard cover, if any.

1 Fixed cover means your amount of insurance stays the same but your premiums will generally increase as you get older.

2 TPD cover is not available for Casual employees.

3 If you're applying for TPD cover, your total amount of TPD cover (Standard and Additional cover) cannot exceed your total amount of Death cover.

##### Income Protection

Are you applying for Income Protection?

YES

NO

Monthly benefit required

\$

**Note:** To be eligible for Income Protection you must be employed on a full-time or part-time permanent basis and working an average of 15 or more hours per week. The maximum Income Protection amount available is 85% of your 'salary' (where 75% is paid as income and 10% is paid as a super contribution) up to a maximum of \$50,000 per month. Refer to your Super Savings – Corporate Insurance Guide for the definition of 'salary'.



If you are applying to increase your cover outside of 120 days of joining your employer (3A), or applying to increase your cover (3B), you must also complete the attached Personal Health Statement.

If you don't need to complete the entire form, simply sign and date below and return to Australian Retirement Trust

### 4 Authorisation and declaration

#### Privacy

By completing this form you consent to the collection, use and disclosure of any personal information, including information that may be of a sensitive nature we or the nominated insurer may collect about you and exchange with third parties located in Australia and overseas, in the manner outlined in our and the nominated insurer's respective privacy policies as updated from time to time.

A copy of our privacy policy can be obtained by visiting [australianretirementtrust.com.au/privacy](http://australianretirementtrust.com.au/privacy). A copy of the nominated insurer's privacy policy can be obtained by visiting their website directly. These policies are consistent with the requirements of the Privacy Act 1988.

#### I declare that:

- I acknowledge and have read my Duty to Take Reasonable Care Not to Make a Misrepresentation and all of my details on this Change of Insurance Cover form are correct.

- I have received, read and accept the Super Savings – Corporate Product Disclosure Statement for Accumulation Account (PDS) and Super Savings – Corporate Insurance Guide.
- I understand all the conditions I must meet to be eligible to obtain Additional cover, I agree that my Additional cover will not commence until my application for Additional cover has been accepted by the insurer. I acknowledge insurance cover is provided by an external insurance company.
- I understand the cost of cover will be based on the applicable premium rates applying under the relevant membership division of Australian Retirement Trust and will reflect your occupation category, any employer funded arrangements (if applicable), and any premium loadings or exclusions that may apply.
- By signing this Change of Insurance Cover form, I consent to the collection and disclosure of information about me for the purposes shown above.

#### Member to sign here\*



Full name (print in BLOCK letters)\*

Date (DD/MM/YYYY)\*

Please return the form to  
Australian Retirement Trust  
Reply Paid 2924 Brisbane Qld 4001 OR  
via [australianretirementtrust.com.au/contact-us](http://australianretirementtrust.com.au/contact-us)

We are committed to respecting the privacy of personal information you give us. If you would like a copy of Australian Retirement Trust's Privacy Policy, visit [australianretirementtrust.com.au/privacy](http://australianretirementtrust.com.au/privacy) or call 13 11 84.

Australian Retirement Trust Pty Ltd ABN 88 010 720 840 AFSL No. 228975 Trustee of Australian Retirement Trust ABN 60 905 115 063

# Group Risk

## Personal statement

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### IMPORTANT NOTICE

Zurich is the insurer in respect of a group insurance arrangement. It is important that you have read and understood the current Product Disclosure Statement for the cover for which you are applying.

You are requested to complete this form if one of the following applies to you:

- you are proposing to become an insured member under the policy and your benefits are subject to assessment by Zurich
- you are an existing insured member and your benefit (or part thereof) is subject to assessment by Zurich.

Zurich requires this Personal Statement and other health information to assist us in making a decision on your proposed insurance cover. This Personal Statement is confidential. Please refer to the Privacy Statement in the Product Disclosure Statement.

You may wish to seal it in an envelope and send it to:

**Zurich**, GPO Box 4129, Sydney NSW 2001

### Duty to take reasonable care not to make a misrepresentation

**When applying for insurance, there is a legal duty to take reasonable care not to make a misrepresentation to the insurer when applying for insurance. To meet this duty, you must also take reasonable care not to make such a misrepresentation.**

A misrepresentation is a false answer, an answer that is only partially true, or an answer which does not fairly reflect the truth.

This duty also applies when extending or making changes to existing insurance, and reinstating insurance.

### If you do not meet your duty

Not meeting your legal duty can have serious impacts on your insurance. Your cover could be avoided (treated as if it never existed), or its terms may be changed. This may also result in a claim being declined or a benefit being reduced.

Please note that there may be circumstances where we later investigate whether the information given to us was true. For example, we may do this when a claim is made.

### About this application

When you apply for life insurance, we conduct a process called underwriting. It's how we decide whether we can provide cover, and if so on what terms and at what cost.

We will ask questions we need to know the answers to. These will be about personal circumstances, such as your health and medical history, occupation, income, lifestyle, pastimes, and current and past insurance. The information given to us in response to our questions is vital to our decision.

When you apply for insurance benefits through a superannuation fund, or ask to extend or make changes to existing insurance benefits, the fund trustee may pass on to us personal information you provide to them. You also therefore need to take reasonable care not to make a misrepresentation when providing this information to the fund trustee.

### Guidance for answering our questions

You are responsible for the information you provide to us. When answering our questions, you should:

- think carefully about each question before answering. If you are unsure of the meaning of any question, please ask us before you respond
- answer every question
- answer truthfully, accurately and completely. If you are unsure about whether you should include information, please include it. Please don't assume we will ask others such as your doctor
- review your application carefully. If someone else helped prepare your application, please check every answer (and if necessary, make any corrections).

## Changes before your cover starts

Before your cover starts, please tell us about any changes that mean you would now answer our questions differently. It could save time if you let us know about any changes as and when they happen. This is because any changes might require further assessment or investigation.

## Notifying the insurer

If, after the cover starts, you think you may not have met your duty, please tell us immediately and we'll let you know whether it has any impact on the cover.

## Telephone contact

After you submit your application, we may contact you by phone to collect any information missing from your application. The information you provide will be recorded and used in the assessment of your application for insurance cover. The need for you to take reasonable care not to make a misrepresentation to the insurer before the contract of insurance is entered into also applies during any phone contact with us.

## If you need help

It's important that you understand this information and the questions we ask. Ask us for help if you have difficulty answering our questions or understanding the application process.

If you're having difficulty due to a disability, understanding English or for any other reason, we're here to help and can provide additional support for anyone who might need it. You can have a support person you trust with you.

## What can we do if the duty is not met?

If you do not take reasonable care not to make a misrepresentation, there are different remedies that may be available to us. These are set out in the *Insurance Contracts Act 1984* (Cth). They are intended to put us in the position we would have been in if the duty had been met.

For example, we may do one of the following:

- avoid the cover (treat it as if it never existed)
- vary the amount of the cover
- vary the terms of the cover.

Whether we can exercise one of these remedies depends on a number of factors, including all of the following:

- whether you took reasonable care not to make a misrepresentation. This depends on all of the relevant circumstances. This includes how clear and specific our questions were and how clear the information we provided on the duty was
- what we would have done if the duty had been met – for example, whether we would have offered cover, and if so, on what terms
- whether the misrepresentation was fraudulent
- in some cases, how long it has been since the cover started.

Before we exercise any of these remedies, we will explain our reasons, how to respond and provide further information, and what you can do if you disagree.

### Type of Fund/Plan

Please select the appropriate box ☐ Group Life ☐ Group Salary Continuance

Policy number (if known)

Name of Fund/Plan

Type of cover	Amount of required benefit/cover
<input type="radio"/> Death Only	\$
<input type="radio"/> Total and Permanent Disablement (TPD)	\$
<input type="radio"/> Group Salary Continuance (monthly benefit)	\$

## 1. Personal details

Title ☐ Mr ☐ Mrs ☐ Ms ☐ Miss ☐ Doctor ☐ Other

Surname Given name(s)

Date of birth (dd/mm/yyyy) / / ☐ Male ☐ Female

Residential address (this cannot be a PO Box)

Street

Suburb State Postcode

Country

Home phone Work phone Mobile phone

Email

**May one of our underwriting staff or Zurich authorised service providers contact you by phone if we require more information?**

☐ Yes

☐ No

If **yes**, when is the most convenient day(s) and time and on which phone number?

Days Time: From To

Phone ☐ Home ☐ Work ☐ Mobile

## 2. Residence and travel details

**1. Are you currently residing in Australia?**

☐ Yes

☐ No

If **no**, please advise where you are currently residing and how long you intend to reside there?

**2. Are you an Australian or New Zealand citizen or do you hold a visa that entitles you to reside permanently in Australia?**

☐ Yes

☐ No

If **yes**, please proceed to question 3

If **no**, please advise what type of visa you hold

**3. Do you have any intention of travelling outside Australia within the next two years?**

☐ Yes

☐ No

If **yes**, please complete the following:

Date of departure (dd/mm/yyyy) / / Duration of stay

Destination(s) (country/cities)

Purpose of stay ☐ Holiday ☐ Business ☐ Residing ☐ Other

Please specify if **other**

3. Insurance details

1. Are you covered by, or are you applying for, any other life, TPD, trauma, income protection, salary continuance or living expense cover with any company, including Zurich (other than this application), including benefits under superannuation or insurance benefits by your employer?

- ☐ Yes
- ☐ No

If you have answered **yes**, please indicate which insurance(s) and provide details of the date the policy was last fully underwritten in the table below:

Name of company	Type of cover	Amount insured	Date commenced (dd/mm/yyyy)	Will this policy be discontinued/ replaced?	Date last fully underwritten (replacement policies only) (dd/mm/yyyy)
		\$	/ /	<input type="radio"/> Yes <input type="radio"/> No	/ /
		\$	/ /	<input type="radio"/> Yes <input type="radio"/> No	/ /
		\$	/ /	<input type="radio"/> Yes <input type="radio"/> No	/ /
		\$	/ /	<input type="radio"/> Yes <input type="radio"/> No	/ /

2. Have you ever had an application for insurance on your life declined, deferred, accepted with a higher than normal premium or issued with restrictions or exclusions?

- ☐ Yes
- ☐ No

If **yes**, please provide name of company, alteration, date and reason (if known)

3. Have you ever made a claim for or received sickness, accident or disability benefits, Veterans' Affairs benefits, Workers' Compensation, unemployment benefits or any other form of compensation?

- ☐ Yes
- ☐ No

If **yes**, please provide details i.e. when, amount, period paid, type of disability suffered, date claim finalised etc

4. Occupation details

1. What is your usual occupation?

2. Describe all present duties in the table below (please complete both percentage of time and specific duties in all cases)

Type of work	% of time	Please describe your specific duties and where they are performed
Sedentary/administration (e.g. filing, computer work, answering telephone, reception duties, etc)		
Manual work – light (e.g. driving, warehousing, surveying, lifting under 5 kg, etc)		
Manual work – heavy (e.g. bricklaying, lifting over 5 kg, painting, carpentry, mechanic, etc)		

3. How many hours (on average) do you work per week in your principal occupation (include hours worked at home)?

a. What is your current annual income earned through personal exertion, before tax, and including superannuation contributions, but after deduction of business expenses? \$

b. What is the percentage of your superannuation contribution? %

5. Are you familiar with all applicable safe-work procedures relating to your occupation?

☐ Yes

☐ No

If no, please indicate the reason you gave this response

If yes, do you practice these at all times when performing your work? ☐ Yes ☐ No

If no, please provide details of when safe-work procedures are not practiced in your occupation

6. Do you have more than one occupation?

☐ Yes

☐ No

If yes, please specify the occupation, your normal duties and the average hours you work per week in each of your other occupation(s)

5. Pastimes

Have you any intention of engaging in:

1. motorcycle/motor racing other than as a means of transportation to and from work?

☐ Yes

☐ No

2. any hazardous activities or sports, e.g. motor or water sports (such as canoeing), football, parachuting, recreations involving heights, underwater sports, caving, body contact sports, gliding, hang-gliding etc?

☐ Yes

☐ No

3. aviation/flying, other than as a fare-paying passenger?

☐ Yes

☐ No

If you answered yes to any of questions 1, 2 or 3 above, please continue completing this section below for the relevant activity

Motorcycle/motor racing

Do you have a Motorcycling Australia (MA), FIM international or similar licence ☐ Yes ☐ No

Vehicle type Races p.a.

Engine size Max. speed (km/h) Class ☐ Recreational ☐ Amateur ☐ Professional

Scuba/skin diving

Average depth (m) Maximum depth (m) Dives per annum

Do you use explosives? ☐ Yes ☐ No Do you dive in caves or potholes? ☐ Yes ☐ No

If yes, give details



**Football/Soccer/Aussie Rules, etc**

Code played and grade

Games p.a. ☐ Recreational ☐ Amateur ☐ ProfessionalDo you receive any income participating in Football/Soccer/Aussie Rules etc? ☐ Yes ☐ NoIf **yes**, provide amount and details**Aviation/flying**Do you hold a Civil Aviation Safety Authority (CASA) licence? ☐ Yes ☐ NoIf **yes**, state type and period heldDo you intend to change the scope of your present licence? ☐ Yes ☐ NoHave you ever had an accident or been charged with violating CASA regulations? ☐ Yes ☐ NoDo you always use authorised landing areas? ☐ Yes ☐ No

Please complete the table below

No. of hours flown	Past 12 months		Future annual average	
	Crew	Passenger	Crew	Passenger
Commercial airline				
Charter				
Private				
Aero club/flying school				
Agriculture				
Helicopter				
Ultralight aircraft				

Do you intend to engage in any form of aviation other than the above categories (e.g. ballooning, aerobatics, parachuting, paragliding)? ☐ Yes ☐ NoIf **yes**, please provide frequency and details.**Other sports or pastimes**

Please provide details and frequency of any other hazardous activities or sports you participate in (e.g. boxing, competitive riding, mountain climbing, body contact sports, caving, etc)

a. Activity

On what basis do you partake in this activity ☐ Recreational ☐ Amateur ☐ Professional

b. Activity

On what basis do you partake in this activity ☐ Recreational ☐ Amateur ☐ Professional

c. Activity

On what basis do you partake in this activity ☐ Recreational ☐ Amateur ☐ Professional

## 6. Personal statement

1. What is your current height and weight?

Height (cm)

Weight (kg)

2. Has your weight varied by more than 10 kg during the last 12 months (excluding pregnancy)?

☐ Yes

☐ No

If **yes**, please provide details

3. During the last 12 months have you smoked tobacco or any other substance or used any form of electronic cigarette?

☐ Yes

☐ No

If **yes**, please state **type** and **quantity** per day

4. During the last three months, have you used nicotine replacement therapy (e.g. nicotine gum, patches, etc) or anti-smoking medication (e.g. Zyban, Chantix, etc)?

☐ Yes

☐ No

If **yes**, please state **type(s)** and **length of time** you have been using this

5. Non-smokers – have you ever smoked regularly in the past?

☐ Yes

☐ No

If **yes**, please state **type**, **quantity** per day and date ceased

6. Do you consume alcohol?

☐ Yes

☐ No

If **yes**, please state how many standard drinks you consume **per** day (a standard drink is 125 ml wine, 250 ml beer or 30 ml spirits)

7. Have you ever been advised to stop or reduce your alcohol intake due to a medical condition?

☐ Yes

☐ No

If **yes**, please provide full details

If you are required to have a full medical examination, go to Section 9 on page 12

## 7. Family history

To be completed for your blood relatives only (if adopted and family history unknown, please state so)

1. Have any of your parents, brothers or sisters (alive or deceased) suffered from Huntington's disease, muscular dystrophy, diabetes mellitus, breast cancer, bowel cancer, ovarian cancer, multiple sclerosis, motor neurone disease, familial adenomatous polyposis of the bowel, polycystic kidney disease, Alzheimer's disease, dementia or any other hereditary or familial disorder?

☐ Yes

☐ No

2. Have any of your parents, brothers or sisters (alive or deceased) been diagnosed before the age of 60 with any of the following conditions: heart disease, stroke, mental illness, haemochromatosis, cervical cancer, prostate cancer, melanoma or any other cancer (please specify type)?

☐ Yes

☐ No

If you answered **yes** to either question 1 or 2, please complete the following table.

Relation	Condition/Disorder	Age diagnosed

**Note:** You are only required to disclose family history information pertaining to first degree blood-related family members – living or deceased (mother, father, brothers, sisters).

## 8. Medical history

To the best of your knowledge, have you ever had any of the following:

Please select the appropriate box and circle the specific conditions that are applicable.

		No	Yes
1	<b>Asthma?</b>	<input type="radio"/>	<input type="radio"/>
2	<b>High blood pressure?</b>	<input type="radio"/>	<input type="radio"/>
3	<b>High cholesterol?</b>	<input type="radio"/>	<input type="radio"/>
4	<b>Diabetes?</b>	<input type="radio"/>	<input type="radio"/>
5	<b>Stress, anxiety, depression or any other mental health condition?</b>	<input type="radio"/>	<input type="radio"/>
6	<b>Back or neck pain, sciatica or any disorder of the spine or neck?</b>	<input type="radio"/>	<input type="radio"/>
7	<b>Arthritis, shoulder or knee pain or any other disorder of the joints?</b>	<input type="radio"/>	<input type="radio"/>
8	<b>Cyst, mole or skin lesion?</b>	<input type="radio"/>	<input type="radio"/>

If you answered yes to any of the conditions in bold above, please complete the relevant questionnaire on pages 15 to 25

9	Sleep apnoea, bronchitis, persistent cough or any other chest or lung condition?	<input type="radio"/>	<input type="radio"/>
10	Heart condition, murmur, chest pain, rheumatic fever, palpitations, stroke or vascular disorder?	<input type="radio"/>	<input type="radio"/>
11	Thyroid or glandular trouble?	<input type="radio"/>	<input type="radio"/>
12	Ulcers or recurring indigestion?	<input type="radio"/>	<input type="radio"/>
13	Epilepsy, fits or dizziness, fainting of any kind or persistent headaches?	<input type="radio"/>	<input type="radio"/>
14	Alzheimer's disease or dementia?	<input type="radio"/>	<input type="radio"/>
15	Kidney, prostate or bladder problems, renal colic or stones, nephritis, lupus nephritis, pyelitis or cystitis?	<input type="radio"/>	<input type="radio"/>
16	Broken bones or osteoporosis or any pain, strain or disorder of any muscles, ligaments, cartilage or limbs?	<input type="radio"/>	<input type="radio"/>
17	Gout, fibromyalgia, tendonitis, tenosynovitis, RSI, or any regional pain syndrome, chronic fatigue syndrome (myalgic encephalomyelitis)?	<input type="radio"/>	<input type="radio"/>
18	Cancer, tumour, growths of any kind or breast lumps (even if you have not seen a doctor)?	<input type="radio"/>	<input type="radio"/>
19	Varicose veins, hernia, scleroderma, systemic sclerosis or skin disorders?	<input type="radio"/>	<input type="radio"/>
20	Any abnormality affecting eyesight, hearing or speech?	<input type="radio"/>	<input type="radio"/>
21	Any abnormality affecting physical mobility or muscular power (e.g. multiple sclerosis or any diagnosed intellectual disability or cognitive impairment)?	<input type="radio"/>	<input type="radio"/>
22	Anaemia, haemophilia or any other disease of the blood?	<input type="radio"/>	<input type="radio"/>
23	Bowel, liver or gall bladder disease or hepatitis?	<input type="radio"/>	<input type="radio"/>
24	Coughing of blood or passing of blood from the bowel or in the urine?	<input type="radio"/>	<input type="radio"/>
25	Have you within the last five years had any other illness, injury, operation, X-ray, electrocardiogram, blood transfusion, any other special tests or been advised to have a blood test for any reason?	<input type="radio"/>	<input type="radio"/>
26	Due to injury or illness have you ever been off work for more than seven consecutive days ( <b>if not already mentioned</b> )?	<input type="radio"/>	<input type="radio"/>
27	Do you now have any symptoms of ill health or disability?	<input type="radio"/>	<input type="radio"/>
28	Are you contemplating surgery, intending to consult a doctor, or have you been advised to have an operation or other medical investigation or test in the future (e.g. X-ray, ECG, blood test, etc)?	<input type="radio"/>	<input type="radio"/>
29	Do you take, or have you <b>ever</b> taken drugs or any medications on a regular or ongoing basis?	<input type="radio"/>	<input type="radio"/>
30	Have you <b>ever</b> used or injected any drugs not prescribed for you by a medical attendant or have you ever received advice, counselling or treatment for drug dependence?	<input type="radio"/>	<input type="radio"/>
31	Are you suffering from unintentional weight loss, persistent night sweats, persistent fever, diarrhoea or swollen glands?	<input type="radio"/>	<input type="radio"/>
32	Have you ever tested positive for HIV (Human Immunodeficiency Virus), which causes AIDS (Acquired Immune Deficiency Syndrome), or are you suffering from AIDS or any AIDS-related condition?	<input type="radio"/>	<input type="radio"/>
33	Have you received or are you expected to receive treatment, or undergo a medical consultation for a sexually transmitted disease including but not limited to HIV (AIDS), gonorrhoea or syphilis?	<input type="radio"/>	<input type="radio"/>

		No	Yes
34	a. Is the combined total of your existing insurance(s) detailed in Section 3 question 1, and any new insurance you are applying for with Zurich, more than any one of the following; \$500,000 Death; \$500,000 TPD; \$200,000 Trauma; \$4,000 per month in total of any combination of Income Protection/Business expense/Living expense/salary continuance cover?  If you answered Yes to question 34(a) please proceed to 34(B), otherwise continue to question 35	<input type="radio"/>	<input type="radio"/>
	b. Have you ever had, or have you scheduled an appointment to have a genetic test where you received (or are currently awaiting) an individual result? (Please do not include any test conducted solely for the purpose of medical research study and where the result of the test has not been or will not be, provided to you).	<input type="radio"/>	<input type="radio"/>

### FEMALES ONLY

35	a. Have you ever had any complications with pregnancy or childbirth?	<input type="radio"/>	<input type="radio"/>
	b. Are you now pregnant? If <b>yes</b> , please advise due date (dd/mm/yyyy)       /       /	<input type="radio"/>	<input type="radio"/>
	c. Have you ever had an abnormal cervical smear test (pap), breast ultrasound or mammogram?	<input type="radio"/>	<input type="radio"/>
	d. Have you ever had any symptom(s) of, or sought advice or treatment for any condition of the cervix, ovary, uterus, breast, or endometrium?	<input type="radio"/>	<input type="radio"/>

If you answered **yes** to any questions from 9–35, please complete the following table. If there is not enough space here, please provide details on page 25.

	Question no:		Question no:	
<b>Disability, illness, injury or condition</b>				
<b>Investigation type(s) and result(s)</b>				
<b>Date of first symptoms (dd/mm/yyyy)</b>	/ /		/ /	
<b>Frequency of symptoms</b>				
<b>Type of treatment</b>				
<b>Date treatment provided and ceased (dd/mm/yyyy)</b>	First / /	Last / /	First / /	Last / /
<b>Has further treatment, referral or investigation(s) been recommended?</b>	<input type="radio"/> Yes <input type="radio"/> No		<input type="radio"/> Yes <input type="radio"/> No	
<b>Time off work</b>				
<b>Have you completely recovered?</b>	<input type="radio"/> Yes <input type="radio"/> No		<input type="radio"/> Yes <input type="radio"/> No	
<b>Date of last symptoms (dd/mm/yyyy)</b>	/ /		/ /	
<b>Name and address of medical facility and attending doctor</b>				

	Question no:		Question no:	
<b>Disability, illness, injury or condition</b>				
<b>Investigation type(s) and result(s)</b>				
<b>Date of first symptoms (dd/mm/yyyy)</b>	/ /		/ /	
<b>Frequency of symptoms</b>				
<b>Type of treatment</b>				
<b>Date treatment provided and ceased (dd/mm/yyyy)</b>	First / /	Last / /	First / /	Last / /
<b>Has further treatment, referral or investigation(s) been recommended?</b>	<input type="radio"/> Yes <input type="radio"/> No		<input type="radio"/> Yes <input type="radio"/> No	
<b>Time off work</b>				
<b>Have you completely recovered?</b>	<input type="radio"/> Yes <input type="radio"/> No		<input type="radio"/> Yes <input type="radio"/> No	
<b>Date of last symptoms (dd/mm/yyyy)</b>	/ /		/ /	
<b>Name and address of medical facility and attending doctor</b>				

	<b>Question no:</b>		<b>Question no:</b>	
<b>Disability, illness, injury or condition</b>				
<b>Investigation type(s) and result(s)</b>				
<b>Date of first symptoms (dd/mm/yyyy)</b>	/ /		/ /	
<b>Frequency of symptoms</b>				
<b>Type of treatment</b>				
<b>Date treatment provided and ceased (dd/mm/yyyy)</b>	First / /	Last / /	First / /	Last / /
<b>Has further treatment, referral or investigation(s) been recommended?</b>	<input type="radio"/> Yes <input type="radio"/> No		<input type="radio"/> Yes <input type="radio"/> No	
<b>Time off work</b>				
<b>Have you completely recovered?</b>	<input type="radio"/> Yes <input type="radio"/> No		<input type="radio"/> Yes <input type="radio"/> No	
<b>Date of last symptoms (dd/mm/yyyy)</b>	/ /		/ /	
<b>Name and address of medical facility and attending doctor</b>				

9. Usual doctor or medical centre details

1. Full name and address of usual doctor/medical centre

Doctor/Medical centre

Phone

No. and street

Suburb

State

Postcode

2. How many years have you been attending this doctor/medical centre?

Years

Months

a. When was your last visit to this doctor/medical centre?

b. Reason for check-up or consultation?

c. Outcome including medication, treatment etc

d. Degree of recovery?

%

3. Have you had any consultations with your usual doctor or any other doctor (other than for colds or the flu) in the last three years not already mentioned?

☐ Yes

☐ No

If **yes**, please provide details

Name, address and phone number of doctor/medical centre	Date last consulted (dd/mm/yyyy)	Reason for check-up or consultation	Outcome including degree of recovery, medication, treatment, etc
	/ /		
	/ /		
	/ /		
	/ /		

10. Declaration by the life insured or applicant

- I have read and understood the questions in this Personal Statement.
- I have read and understood my duty to take reasonable care not to make a misrepresentation and declare that the statements and answers provided in this application are true, accurate and complete.
- I have read the Privacy Statement at Section 12 of this form (below). (Zurich's Privacy Policy details how we manage personal information. It is available at [zurich.com.au/important-information/privacy](http://zurich.com.au/important-information/privacy))
- I acknowledge and consent to the collection, use, storage and disclosure of my personal information (including health and other sensitive information) as described in the Privacy Statement on this form (see Section 12).
- I accept that where my employer (or former employer) or the Trustee of my superannuation fund has appointed a financial adviser or other intermediary to arrange and/or administer the Group Risk policy on their behalf, my personal information will be provided to the financial adviser/intermediary in order to undertake the management and administration of the policy.
- I have read and understood my duty to take reasonable care not to make a misrepresentation and the consequences of not meeting the legal duty and answering all questions truthfully and completely.
- I authorise any medical practitioner, other professional or any person named in this Personal Statement to verify any aspect of it, and disclose any information that they may possess about me to Zurich in relation to this insurance.
- I acknowledge that where I am making an application for insurance cover (or an increase in insurance cover), and where such application is made on a voluntary basis (other than as a direct result of the formula for cover which applies to the group risk policy or policies for which an application for cover is being made on the basis of this Personal Statement), that I have received, read and understood a copy of the Product Disclosure Statement(s) (PDS) for the type(s) of cover for which I am applying.
- I acknowledge that if I do not complete this form correctly or I do not sign and date this Declaration, my application will not be considered by Zurich.

Life insured/applicant – signature

X

Date

/

/

11. Consent for accessing Health Information

Notes on releasing information about your health

Your health information includes details about all your interactions with health providers, and may include details such as your symptoms, treatment, consultations, personal medical history and lifestyle. Health providers cannot release this information about you without your consent.

We, Zurich, collect and use your health information to assess your application for cover, to assess and manage your claim, or to confirm the information you gave us when you applied for cover or made a claim. This is why we need your consent.

Each time you apply for cover or make a claim, we will ask you for a fresh consent. We will respect your privacy by only asking for the information we reasonably need, and we will tell you each time we use your consent.

Please read each Authority carefully and the explanatory notes below.

**Authority 1 explanatory notes** – through this Authority, with the exception of a copy of the consultation notes held by your General Practitioner/Practice, you are consenting to any health provider releasing any health information about you in the form we ask for. This may involve, for example:

- preparing a general report and/or a report about a specific condition;
- accessing and releasing your records in SafeScript;
- releasing your hospital patient notes;
- releasing the results of any investigations they have done; and/or
- releasing correspondence with other health providers.

**Authority 2 explanatory notes** – through this Authority, you are consenting to any General Practitioner/Practice you have attended releasing a copy of your full record, including consultation notes, but only if we have asked them to provide a general report and/or a report about a specific condition under Authority 1, and either:

- they will be unable to, or did not, provide the report within 4 weeks; or
- the report provided is incomplete, or contains inconsistencies or inaccuracies.

Your General Practitioner maintains consultation notes to support quality care, your wellbeing and to meet legal and professional requirements. General Practitioners/Practices should only release a copy of your full record, including consultation notes, for life insurance purposes in the rare circumstances set out above.

If you choose to withhold your consent to this authority, we may not be able to process your application for cover or a claim.

Surname

Given name(s)

Date of birth (dd/mm/yyyy) / /

Super Fund/Employer details

Authority 1 – to release any of my health information except the consultation notes held by my General Practitioner/Practice

With the exception of consultation notes held by any General Practitioner/Practice I have attended, I authorise any health provider, practitioner, practice, psychologist, dentist, allied health services provider or any hospital to access and release, in writing or verbally, any details of my health information to Zurich, or to third parties they engage.

I agree to all the following:

- My health information can be released in the form Zurich asks for, such as a general report, a report about a specific condition, my records in SafeScript, any hospital notes, or correspondence between health providers.
- Zurich can collect, use, store and disclose my personal information (including sensitive information) in accordance with privacy laws and Australian Privacy Principles.
- This Authority is valid only while Zurich is assessing my claim or application for cover, or is verifying disclosures I made in connection with the cover.
- A copy or transcript of this Authority will be valid and effective, and this Authority should be accepted as valid and effective where I have signed electronically or consented verbally.

Name

Signature

X

Date (dd/mm/yyyy)

/ /

Authority 2 – to release a copy of the full record, including consultation notes, held by my General Practitioner/Practice in specified circumstances

I authorise any General Practitioner/Practice I have attended to release a copy of my full record, including consultation notes, to Zurich, or to third parties they engage, only if Zurich has asked them for a report on my health and either:

- the General Practitioner/Practice will be unable to, or did not provide the report within four weeks; or
- the report is incomplete, or contains inconsistencies or inaccuracies.

I agree to all the following:

- Zurich can collect, use, store and disclose my personal information (including sensitive information) in accordance with privacy laws and Australian Privacy Principles.
- This Authority is valid only while Zurich is assessing my claim or application for cover, or is verifying disclosures I made in connection with the cover.
- A copy or transcript of this Authority will be valid and effective, and this Authority should be accepted as valid and effective where I have signed electronically or consented verbally.

Name

Signature

X

Date (dd/mm/yyyy)

/ /



## 12. Privacy Statement

In this section 'we', 'us' and 'our' refers to Zurich Australia Limited. 'You' and 'your' refers to policy owners and life insureds.

We collect your personal information (including health and other sensitive information) from you in order to manage and administer our products and services. Without your personal information, we may not be able to process your application or provide you with the products or services you require.

We are committed to ensuring the confidentiality and security of your personal information (including health and other sensitive information). Our Privacy Policy details how we manage your personal information and is available on request or may be downloaded from [zurich.com.au/important-information/privacy](http://zurich.com.au/important-information/privacy)

In order to undertake the management and administration of our products and services, it may be necessary for us to disclose your personal information (including health and other sensitive information) to certain third parties as outlined below.

Unless you consent to such disclosure we will not be able to consider the information you have provided.

### PROVIDING YOUR INFORMATION TO OTHERS

The parties to whom we may routinely disclose your personal information (including health and other sensitive information) include:

- an organisation that assists us to detect and protect against consumer fraud;
- any related company of Zurich which will use the information for the same purposes as Zurich and will act under Zurich's Privacy Policy;
- organisations performing administration and/or compliance functions in relation to the products and services we provide;
- organisations providing medical or other services for the purpose of the assessment of any insurance claim you make with us (such as reinsurers);
- our solicitors or legal representatives;
- organisations maintaining our information technology systems;
- organisations providing mailing and printing services;
- persons who act on your behalf (such as your agent or financial adviser);
- the policy owner (or parties acting on behalf of the policy owner);
- regulatory bodies, government agencies, law enforcement bodies and courts;
- our related companies (members of the Zurich Insurance Group Ltd group), including for carrying out any group business functions;
- organisations, including those in alliance with us or our related companies, to distribute, manage and administer our products and services, carry out business functions and analytics activities.

We will also disclose your personal information (including health and other sensitive information) in circumstances where we are required by law to do so. Examples of such laws are:

- the *Family Law Act 1975* (Cth) enables certain persons to request information about your interest in a superannuation fund;
- there are disclosure obligations to third parties under the *Anti-Money Laundering and Counter-Terrorism Financing Act 2006*.

### INFORMATION REQUIRED BY LAW

Zurich may be required by relevant laws to collect certain information from you. Details of these laws and why they require us to collect this information are contained in our Privacy Policy at [zurich.com.au/important-information/privacy](http://zurich.com.au/important-information/privacy)

### PRIVACY CONSENT

Where you wish to authorise any other parties to act on your behalf, to receive information and/or undertake transactions please notify us in writing.

If you give us personal information about someone else, you must show them a copy of this document or our Privacy Policy available at [zurich.com.au/important-information/privacy](http://zurich.com.au/important-information/privacy) so that they may understand the manner in which their personal information may be used or disclosed by us in connection with your dealings with us.

### PRIVACY POLICY

Our Privacy Policy contains information about:

- when we may collect information from a third party;
- how you may access and seek correction of the personal information (including health and other sensitive information) we hold about you; and
- how you can raise concerns that we have breached the Privacy Act or an applicable code and how we will deal with those matters.

You can contact us about your information or any other privacy matter as follows:

In writing: GPO Box 75  
Sydney NSW 2001

Email: [privacy.officer@zurich.com.au](mailto:privacy.officer@zurich.com.au)

We may charge you a reasonable fee for this.

If any of your personal information is incorrect or has changed, please let us know by contacting Customer Services on 133 667.

More information can be found in our Privacy Policy at [zurich.com.au/important-information/privacy](http://zurich.com.au/important-information/privacy)

### OVERSEAS RECIPIENTS

We may disclose your personal information (including health and other sensitive information) to recipients (including service providers and related companies) which are (1) located outside Australia and/or (2) not established in or do not carry on business in Australia.

You can find details about the location of these recipients in our Privacy Policy at [zurich.com.au/important-information/privacy](http://zurich.com.au/important-information/privacy)

13. Supplementary questionnaires

ASTHMA QUESTIONNAIRE

Only complete this questionnaire if you answered **yes** to question 1 in Section 8

1. When did you have your first episode of asthma? Date (dd/mm/yyyy) / /

2. When was your most recent episode of asthma? Date (dd/mm/yyyy) / /

3. Approximately how many episodes have occurred in the last 12 months?

4. Have you ever suffered from nocturnal asthma attacks?

- ☐ Yes
- ☐ No

If **yes**, please provide the frequency of these attacks and approximate date of last attack

5. Have you had any time off work due to this condition?

- ☐ Yes
- ☐ No

If **yes**, please provide the dates and duration

6. Are the symptoms/attacks typically precipitated by anything in particular (e.g. seasonal, exercise induced, a cold or bronchitis)?

- ☐ Yes
- ☐ No

If **yes**, please provide details

7. Have you sought medical treatment or advice for asthma?

- ☐ Yes
- ☐ No

If **yes**, please provide details

Name of doctor/health professional

Address

Suburb State Postcode

Date of last consultation (dd/mm/yyyy) / /

8. How has your doctor described your asthma? ☐ Mild ☐ Moderate ☐ Severe

9. Have you ever used any medication, including steroids?

- ☐ Yes
- ☐ No

If **yes**, please provide details

Type	Date commenced (dd/mm/yyyy)	Frequency (e.g. daily, weekly)	Dosage	Date ceased (if applicable) (dd/mm/yyyy)	Reason for cessation
	/ /			/ /	
	/ /			/ /	
	/ /			/ /	
	/ /			/ /	

☐ Yes

☐ No

Date from (dd/mm/yyyy)      /      /      Date to (dd/mm/yyyy)      /      /

Name of hospital

Address \_\_\_\_\_

Suburb	State	Postcode
--------	-------	----------

☐ Yes

☐ No

Date (dd/mm/yyyy)	Test results
/ /	
/ /	
/ /	

Only complete this questionnaire if you answered **yes** to question 2 in Section 8

1. When was your high blood pressure first diagnosed? Date (dd/mm/yyyy) / /

2. What was your blood pressure reading at that time?	Systolic	Diastolic

☐ Yes

☐ No

Type	Date commenced (dd/mm/yyyy)	Frequency (e.g. daily, weekly)	Dosage	Date ceased (if applicable) (dd/mm/yyyy)	Reason for cessation
	/ /			/ /	
	/ /			/ /	
	/ /			/ /	
	/ /			/ /	

☐ Yes

☐ No

Tests performed	Date (dd/mm/yyyy)	Results
	/ /	
	/ /	

5. Is the treating doctor different to your usual doctor?

- ☐ Yes
- ☐ No

If **yes**, please provide details

Name

Address

Suburb State Postcode

Date of last consultation (dd/mm/yyyy) / /

6. What was the date of your last blood pressure check? Date (dd/mm/yyyy) / /

7. What was your blood pressure reading at that time? Systolic Diastolic

8. How has your doctor described your blood pressure control? ☐ Excellent ☐ Good ☐ Poor ☐ Other

If **other**, please provide details

9. What is the date of your next blood pressure check-up? Date (dd/mm/yyyy) / /

CHOLESTEROL QUESTIONNAIRE

Only complete this questionnaire if you answered **yes** to question 3 in Section 8

1. When was your high cholesterol first diagnosed? Date (dd/mm/yyyy) / /

2. What were your cholesterol readings at that time? Cholesterol Triglycerides

HDL Cholesterol LDL Cholesterol

3. Did you undergo any tests or investigations?

- ☐ Yes
- ☐ No

If **yes**, please provide details

Tests performed	Date (dd/mm/yyyy)	Results
	/ /	
	/ /	

4a. Have you ever used any medication?

- ☐ Yes
- ☐ No

If **yes**, please provide details

Type	Date commenced (dd/mm/yyyy)	Frequency (e.g. daily, weekly)	Dosage	Date ceased (if applicable) (dd/mm/yyyy)	Reason for cessation
	/ /			/ /	
	/ /			/ /	
	/ /			/ /	
	/ /			/ /	

**4b. Has this treatment ever changed (e.g. has the type or dosage of your medication been changed)?**

☐ Yes

☐ No

If **yes**, please provide date of when treatment changed and the reason(s) for change

**5. Is the treating doctor different to your usual doctor?**

☐ Yes

☐ No

If **yes**, please provide details

Name

Address

Suburb

State

Postcode

Date of last consultation (dd/mm/yyyy)      /      /

**6. What was the date of your last cholesterol check?**

Date (dd/mm/yyyy)      /      /

**7. What were your cholesterol readings at that time?**

Cholesterol

Triglycerides

HDL Cholesterol

LDL Cholesterol

**8. How has your doctor described your cholesterol control?**

☐ Excellent

☐ Good

☐ Poor

☐ Other

If **other**, please provide details

**9. What is the date of your next cholesterol check-up?**

Date (dd/mm/yyyy)      /      /

**DIABETES QUESTIONNAIRE**

Only complete this questionnaire if you answered **yes** to question 4 in Section 8

**1. What type of diabetes were you diagnosed with?**

**2. When was your diabetes first diagnosed?**

Date (dd/mm/yyyy)      /      /

**3. How is your diabetes controlled?**

☐ Insulin – go to question 3

☐ Diet only – go to question 4

☐ Oral – list medications below and then go to question 4

**4. How many times a day do you administer insulin?**

☐ I'm on an insulin pump

☐ One or two times daily

☐ Three or more times daily

**5. How often do you monitor your sugar levels?**

☐ One or two times daily

☐ Three or more times daily

☐ Other

If **other**, please provide details

**6. Have you ever had insulin reactions, diabetic coma, heart, kidney, peripheral vascular disease or eye problems (not already mentioned in the Personal Statement), or protein in the urine?**

- ☐ Yes  
☐ No

If **yes**, please provide details

Condition	Date (dd/mm/yyyy)	Treatment
	/ /	
	/ /	

**7. Have you had a glycosylated haemoglobin (HbA1c) test in the last six months?**

- ☐ Yes  
☐ No

If **yes**, please provide details

Date (dd/mm/yyyy)	Test results
/ /	
/ /	

Is this result consistent with others taken over the last 12 months?

- ☐ Yes  
☐ No

If **no**, please provide details

Date (dd/mm/yyyy)	Test results
/ /	
/ /	

**8. Is the treating doctor different to your usual doctor?**

- ☐ Yes  
☐ No

If **yes**, please provide details

Name

Address

Suburb State Postcode

Date of last consultation (dd/mm/yyyy) / /

## MENTAL HEALTH QUESTIONNAIRE

Only complete this questionnaire if you answered **yes** to question 5 in Section 8.

**1. Please select the conditions you have had (or currently have), or received treatment for:**

- |   |   |
|---|---|
| <input type="radio"/> Anxiety including generalised anxiety, panic or phobia disorder | <input type="radio"/> Post traumatic stress                         |
| <input type="radio"/> Eating disorder including anorexia nervosa or bulimia           | <input type="radio"/> Schizophrenia or any other psychotic disorder |
| <input type="radio"/> Depression including major depression or dysthymia              | <input type="radio"/> Stress, sleeplessness or chronic tiredness    |
| <input type="radio"/> Manic depressive illness or bipolar disorder                    | <input type="radio"/> Other   |
| <input type="radio"/> Alcohol or other substance abuse or addiction                   |   |

If **other**, please describe

**2. Please complete the table below for all described conditions**

Condition	Describe your symptoms	Date diagnosed (dd/mm/yyyy)	Date condition ceased (if applicable) (dd/mm/yyyy)
		/ /	/ /
		/ /	/ /
		/ /	/ /
		/ /	/ /

**3. Have you ever had any recurrence of the symptoms?**

☐ Yes

☐ No

If **yes**, please provide details including dates

**4. Are you currently symptom free?**

☐ Yes

☐ No

**5. Date of last symptoms**

Date (dd/mm/yyyy) / /

**6. Have you ever attempted suicide or self harm?**

☐ Yes

☐ No

If **yes**, please provide details including when, name and address of treating doctor, clinic or hospital

**7. Are you aware of the cause or reason for your condition(s)?**

☐ Yes

☐ No

If **yes**, please provide details

**8. Have you ever had any time off work due to your condition(s)?**

☐ Yes

☐ No

If **yes**, please provide the dates and duration

**9. Are you currently or have you ever been on treatment, including medication?**

☐ Yes

☐ No

If **yes**, please provide details

Treatment (e.g. tranquillisers, sedatives, ECT, counselling, etc)	Date commenced (dd/mm/yyyy)	Date ceased (if applicable) (dd/mm/yyyy)	Reason ceased
	/ /	/ /	
	/ /	/ /	

**10. Do you feel that your condition(s) has had any impact on your ability to perform your job at work or on your social life?**

☐ Yes

☐ No

If **yes**, please provide details

**11. Have you been referred for consultation with a psychiatrist or psychologist?**

☐ Yes

☐ No

If **yes**, please provide details

Name of consultant

Address

Suburb/Town

State

Postcode

Date of last consultation (dd/mm/yyyy)      /      /

**12. Have you been admitted to hospital or any other care facility?**

☐ Yes

☐ No

If **yes**, please provide details

Name of institution

Address

Suburb/Town

State

Postcode

Date of last consultation (dd/mm/yyyy)      /      /

Doctor(s) consulted

**BACK/NECK QUESTIONNAIRE**

Only complete this questionnaire if you answered **yes** to question 6 in Section 8

**1. When did your back/neck condition first occur?**

Date (dd/mm/yyyy)      /      /

**2. Which area(s) of your back/neck was affected (e.g. middle back)?**

**3. What was the cause or reason for the condition?**

**4. Please describe the exact nature of the condition, including the symptoms and doctor's diagnosis if known  
(e.g. sciatica, prolapsed disc, whiplash etc)**



**5. Was an X-ray, CT scan or any other type of investigation performed?**

☐ Yes

☐ No

If **yes**, please provide details

Tests	Date of tests (dd/mm/yyyy)	Results
	/ /	
	/ /	

**6. Have you had recurrent or multiple episodes of the back/neck condition?**

☐ Yes

☐ No

If **yes**, please provide details including the number of episodes and the date of the most recent episode including duration

**7. Please provide details of all people you have consulted for this condition in the table below**

Name and address of doctor/health professional	Type (e.g. doctor, chiropractor, physiotherapist)	Date last consulted (dd/mm/yyyy)	Treatment prescribed (e.g. analgesics, anti-inflammatory drugs, immobilisation)
		/ /	
		/ /	
		/ /	

**8. Have you had any time off work due to this condition?**

☐ Yes

☐ No

If **yes**, please provide the dates and duration

**9. Are your work duties or activities limited/affected by the condition?**

☐ Yes

☐ No

If **yes**, please provide details

**10. Are you still undergoing treatment or do you have any residual pain, limitation of movement or restriction of any kind?**

☐ Yes

☐ No

If **yes**, please provide details

**11. Overall do you feel that your back/neck condition is?**

☐ Resolved

☐ Improving

☐ Stable

☐ Deteriorating

**12. What was the date of your last symptoms?**

Date (dd/mm/yyyy)

/ /

ARTHRITIS/JOINT QUESTIONNAIRE

Only complete this questionnaire if you answered **yes** to question 7 in Section 8

1. Which joint is/was affected (please select relevant box/es)? If more than one box is selected, please copy this questionnaire and complete for each condition

	Left	Right		Left	Right
Ankle	<input type="radio"/>	<input type="radio"/>	Wrist	<input type="radio"/>	<input type="radio"/>
Elbow	<input type="radio"/>	<input type="radio"/>	Hip	<input type="radio"/>	<input type="radio"/>
Shoulder	<input type="radio"/>	<input type="radio"/>	Other	<input type="radio"/>	<input type="radio"/>
Knee	<input type="radio"/>	<input type="radio"/>			

If **other**, state which joint

2. When did this condition first occur?      Date (dd/mm/yyyy)      /      /

3. What was the cause or reason for the condition?

4. Please describe the exact nature of the condition, including symptoms and doctor’s diagnosis if known

5. Have you had recurrent or multiple episodes of the condition?

- ☐ Yes
- ☐ No

If **yes**, please provide details including the number of episodes and the date of the most recent episode including duration

6. Please provide details of all people you have consulted for this condition in the table below

Name and address of doctor/health professional	Type (e.g. doctor, chiropractor, physiotherapist)	Date last consulted (dd/mm/yyyy)	Treatment prescribed (e.g. steroids, anti-inflammatory drugs, surgery, acupuncture)
		/      /	
		/      /	
		/      /	

7. Have you had any time off work due to this condition?

- ☐ Yes
- ☐ No

If **yes**, please provide the dates and duration

8. Do you have any residual pain, limitation of movement or restriction of any kind?

- ☐ Yes
- ☐ No

If **yes**, please provide details

9. Are your work duties or activities limited/affected by the condition?

- ☐ Yes
- ☐ No

If **yes**, please provide details

10. Are you still undergoing treatment?

- ☐ Yes
- ☐ No

If **yes**, please provide details

11. Overall do you feel that your condition is

☐ Resolved    ☐ Improving    ☐ Stable    ☐ Deteriorating

12. What was the date of your last symptoms?

Date (dd/mm/yyyy)    /    /

CYST/MOLE/SKIN LESION QUESTIONNAIRE

Only complete this questionnaire if you answered **yes** to question 8 in Section 8

1. Please provide details in the table below

Site (e.g. back, left leg)	Date diagnosed (dd/mm/yyyy)	Type (e.g. basal cell carcinoma, melanoma, cyst, mole)	Pathology results (e.g. malignant, benign, unknown)
	/    /		
	/    /		
	/    /		

2. Was the cyst/mole/skin lesion(s) removed?

☐ Yes    ☐ No

If **yes**, please provide details for each

Date (dd/mm/yyyy)    /    /

By what method (e.g. surgically, frozen or burnt off)?

If **no**, please provide details including date set for removal, if applicable

3. Have you been or are you required to attend any further treatment or regular follow-up since the original removal?

- ☐ Yes
- ☐ No

If **yes**, please provide details and advise how often follow-up is required

4. Have you had any other tests, investigations or treatments not mentioned above?

- ☐ Yes
- ☐ No

If **yes**, please provide details

Tests/Treatments/Investigations	Date (dd/mm/yyyy)	Results
	/    /	
	/    /	
	/    /	

☐ Yes

☐ No

Name \_\_\_\_\_

Address \_\_\_\_\_

Suburb	State	Postcode
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Date of last consultation (dd/mm/yyyy)                      /                      /

## This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

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