

Your duty to take reasonable care not to make a misrepresentation

About your duty

When you apply for life insurance as a member of Australian Retirement Trust, the insurer may conduct a process called underwriting. It's how the insurer decides whether it will cover you, and if so on what terms and at what cost. If your application is underwritten, you will be asked questions which the insurer needs to know the answers to. These will be about your personal circumstances and may include questions about your health and medical history, occupation, income, lifestyle, pastimes, and current and past insurance. The information you provide in response to the questions is vital to the insurer's decision.

The duty to take reasonable care

When applying for insurance which is to be underwritten, you have a legal duty to take reasonable care not to make a misrepresentation before your application is accepted by the insurer. A misrepresentation is a false answer, an answer that is only partially true, or an answer which does not fairly reflect the truth. This duty also applies when extending or making changes to existing insurance, and reinstating insurance.

If you do not meet your duty

If you do not meet your legal duty, this can have serious impacts on your insurance. Your cover could be avoided (treated as if it never existed), or its terms may be changed. This may also result in a claim being declined or a benefit being reduced. Please note that there may be circumstances where the insurer later investigates whether the information you provided was true. For example, the insurer may do this when a claim is made.

Guidance for answering questions

When answering questions as part of an application for insurance cover, you should:

- Think carefully about each question before you answer. If you are unsure of the meaning of any question, please ask us or the insurer before you respond.
- · Answer every question.
- · Answer truthfully, accurately and completely.
- If you are unsure about whether you should include information or not, you should include it.
- Review your application carefully before it is submitted. If someone else
 helped prepare your application (for example, your adviser), you should
 check every answer (and if necessary, make any corrections) before the
 application is submitted.
- You must not assume that Australian Retirement Trust or the insurer will contact your doctor for any medical information.

Changes before your cover starts

Before your application is accepted, the insurer may ask about any changes that mean you would now answer the questions differently. As any changes might require further assessment or investigation, it could save time if you let us or the insurer know about any changes when they happen.

If you need help

It's important that you understand this information and the questions that you are asked. Ask us or the insurer for help if you have difficulty understanding the process of applying for insurance or answering our or the insurer's questions. If you're having difficulty due to a disability, understanding English or for any other reason, we are here to help and can provide additional support for anyone who might need it.

What can the insurer do if the duty is not met?

If you do not take reasonable care not to make a misrepresentation, there are different remedies that may be available to the insurer. These are set out in the *Insurance Contracts Act 1984* (Cth). These are intended to put the insurer in the position they would have been in if the duty had been met.

For example, the insurer may:

- avoid the cover (treat it as if it never existed);
- · vary the amount of the cover; or
- · vary the terms of the cover.

Whether the insurer can exercise one of these remedies depends on a number of factors, including:

- whether you took reasonable care not to make a misrepresentation (this
 depends on all of the relevant circumstances);
- what the insurer would have done if the duty had been met for example, whether they would have offered cover, and if so, on what terms;
- whether the misrepresentation was fraudulent; and
- in some cases, how long it has been since the cover started.

Before the insurer exercises any of these remedies, they will explain their reasons, how to respond and provide further information, including what you can do if you disagree.

DXC Technology Superannuation Plan Change of Insurance Cover



13 11 84 | art.com.au

! Please read the important information

IMPORTANT: Before completing this form please ensure you read and understand your Duty to Take Reasonable Care Not to Make a Misrepresentation located at **art.com.au/duty**

Please provide us with as much information as possible. Please tick boxes where appropriate.

Use BLOCK letters and black or blue ink when completing this form and ensure it is signed and dated.

*DENOTES MANDATORY FIELD. If you are under 18 years of age please contact us before completing this form.

To access information about your plan online, visit art.com.au/dxctechnology

| Reply Paid 2924 Brisbane Qld 40 |
|-----------------------------------|
| Member number if already a member |
| |
| Office use only |
| C59410 |
| |

| tle First name* | | C59410 | |
|---|---|---|---|
| ic Thistname | Middle name | | |
| | | | |
| st name* | | Date of birth (DD/MM/YYYY)* | Gender* |
| | | | IVI |
| reet address / PO Box* | | | |
| | | | |
| burb/Town* State* | Postcode* Home phone number | Daytime phone nu | umber* |
| rsonal email address | | Mobile phone nun | nber* |
| | | | - |
| | | | |
| e: Where we can we'll provide your documents, including statement: nber Online. If you would prefer information is posted to you, chan | | | |
| Are you at work? Note: This means you must be performing your normal paid duties for your employer. Your of the your of the year of the your of the | occupation | Your annual | qualification YES NO |
| | etail) Name of your employer | | Refer to your |
| lustry (e.g. mining, manufacturing, construction, agriculture, r | ctail) Haine of your employer | salary | Super Savings – Corporate |
| lustry (e.g. mining, manufacturing, construction, agriculture, r | DXC Technology | salary \$ | Super Savings |
| | DXC Technology | \$ | Super Savings - Corporate Insurance Guide for the definition of 'salary'. |
| | DXC Technology | \$ | Super Savings — Corporate Insurance Guide for the definition of 'salary'. |
| dustry (e.g. mining, manufacturing, construction, agriculture, rest the principal duties of your occupation and the percent % 2 St the primary locations of your occupation and the perce | DXC Technology age of time at work spent doing each (e. | g. office work 20%, site inspection 80% | Super Savings — Corporate Insurance Guide for the definition of 'salary'. |
| t the principal duties of your occupation and the percent % | DXC Technology age of time at work spent doing each (e. | g. office work 20%, site inspection 80% | Super Savings – Corporate Insurance Guide for the definition of 'salary'. %) |
| t the principal duties of your occupation and the percent % 2 t the primary locations of your occupation and the perce | DXC Technology age of time at work spent doing each (e. | g. office work 20%, site inspection 80% 3 e 20%, home 30%, suburban driving 5 % 3 Contractor What is the | Super Savings Corporate Insurance Guide for the definition of 'salary'. %) 0%) |
| t the principal duties of your occupation and the percent % 2 t the primary locations of your occupation and the perce % 2 B Employment status: Permanent | DXC Technology age of time at work spent doing each (e.g. office) Permanent part time Casual | g. office work 20%, site inspection 80% 3 e 20%, home 30%, suburban driving 5 % 3 Contractor What is the | Super Savings — Corporate Insurance Guide for the definition of 'salary'. %) 0%) |

3 Insurance cover

Important: Before completing this section, please refer to your Super Savings – Corporate Product Disclosure Statement for Account (PDS) and Super Savings – Corporate Insurance Guide for insurance details, available at **art.com.au/dxctechnology**. Any increase in insurance cover will be subject to acceptance by the insurer and will apply from the date your cover is accepted by the insurer.

| ne insurer and will apply fr | rom the date your cover is ac | ccepted by the insurer. | | | |
|--|---|---|---|--|--------------------------|
| 3A Would you lik | e to change your level of | Standard Death and | Total & Permanent Dis | sability (TPD) cover? | |
| Level 1 (5%) | Level 2 (10%) | Level 3 (15%) | Level 4 (20%) | Level 5 (25%) | |
| | Corporate Insurance Guide for in cover, please complete section 3 | | | | |
| | our cover within 120 days of sign and date the form in se | | or reducing your cover, y | ou do not need to complete the ent | re form; simply tick the |
| | | | OR | | |
| 3B Would you lik | e to apply for Additional | cover? | | | |
| | | | | | |
| eath and total & Peri | manent Disability (TPD) |) | | | |
| would like to apply for | the following amount of | fixed cover¹: | | | |
| eath cover \$ | | TPD cover \$ | | | |
| ne amount you specify wi | ill be in addition to your Sta | ndard cover, if any. | | | |
| , , , | insurance stays the same but your pre | | vou got alder | | |
| | insurance stays the same but your prei | miums will generally increase as y | ou get older. | | |
| ncome Protection | | | | | |
| re you applying for Incom | ne Protection? | NO | | | |
| lonthly benefit required | \$ | | | | |
| ote: To be eligible for Inco | ome Protection you must be | employed on a full-time | or part-time permanent | basis and working an average of 14 | or more hours per week. |
| ne maximum Income Prot nsurance Guide for the def | | '5% of your 'salary' up to | a maximum of \$30,000 p | per month. Refer to your Super Savii | ngs – Corporate |
| employer (3A), o | ing to increase your cove or applying to increase yo rsonal health statement. | our cover (3B), you m | | If you don't need to form, simply sign ar return to Australian | d date below and |
| Authorisation | on and declaration | | | | |
| nur nrivacy - Personal informatio | on collection notice | Lundarstand the Super S | avings Corporato Incuranco Cui | Member to sign here | * |
| our privacy - Personal information e are collecting your personal infor | rmation to set up and/or to | out the conditions for ins | avings – Corporate Insurance Gui urance cover, including eligibility until my application for insurance | and that | |
| Iminister your superannuation according to third parties such as o | | has been accepted by the provided by an external i | insurer. I acknowledge insurance | e cover is | a su L |

We are collecting your personal information to set up and/or to administer your superannuation account. We may also disclose this information to third parties such as our Insurer, medical and health professionals, if we need to, if you have given consent to the disclosure, or if we are required to by law. If you want to know more about our privacy policy, including how we collect, hold, use and disclose personal information, or how individuals can access or correct their information, visit art.com.au/privacy or call us to request a copy.

I declare that:

- I acknowledge and have read my Duty to Take Reasonable Care Not to Make a Misrepresentation and understand its contents and what is meant by my Duty to Take Reasonable Care Not to Make a Misrepresentation.
- I have received, read and understood the Super Savings Corporate Product Disclosure Statement for Accumulation Account (PDS) and Super Savings – Corporate Insurance Guide.
- I understand the cost of cover will be based on the applicable premium rates applying under the relevant membership division of Australian Retirement Trust and will reflect my occupation category, any employer funded arrangements (if applicable), and any premium loadings or exclusions that may apply.
- By signing this Change of Insurance Cover form, I acknowledge the collection and disclosure of information about me for the purposes shown above.
- I confirm the information I have given is true and correct.

Member to sign here*

Full name (print in BLOCK letters)*

Date (DD/MM/YYYY)*

Please return the form to
Australian Retirement Trust
Reply Paid 2924 Brisbane Qld 4001 OR
via art.com.au/contact-us

We are committed to respecting your privacy and take protecting the privacy of personal information seriously. Our Privacy Policy sets out how we do this including how we collect, hold and disclose personal information. For a copy of the Privacy Policy, please visit art.com.au/privacy or call 13 11 84.

 $Australian\ Retirement\ Trust\ Pty\ Ltd\ ABN\ 88\ 010\ 720\ 840\ AFSL\ No.\ 228975\ Trustee\ of\ Australian\ Retirement\ Trust\ ABN\ 60\ 905\ 115\ 063$



Group Risk

Personal statement

IMPORTANT NOTICE

Zurich is the insurer in respect of a group insurance arrangement. It is important that you have read and understood the current Product Disclosure Statement for the cover for which you are applying.

You are requested to complete this form if one of the following applies to you:

- you are proposing to become an insured member under the policy and your benefits are subject to assessment by Zurich
- · you are an existing insured member and your benefit (or part thereof) is subject to assessment by Zurich.

Zurich requires this Personal Statement and other health information to assist us in making a decision on your proposed insurance cover. This Personal Statement is confidential. Please refer to the Privacy Statement in the Product Disclosure Statement.

You may wish to seal it in an envelope and send it to:

Zurich, GPO Box 4129, Sydney NSW 2001

Duty to take reasonable care not to make a misrepresentation

When applying for insurance, there is a legal duty to take reasonable care not to make a misrepresentation to the insurer when applying for insurance. To meet this duty, you must also take reasonable care not to make such a misrepresentation.

A misrepresentation is a false answer, an answer that is only partially true, or an answer which does not fairly reflect the truth.

This duty also applies when extending or making changes to existing insurance, and reinstating insurance.

If you do not meet your duty

Not meeting your legal duty can have serious impacts on your insurance. Your cover could be avoided (treated as if it never existed), or its terms may be changed. This may also result in a claim being declined or a benefit being reduced.

Please note that there may be circumstances where we later investigate whether the information given to us was true. For example, we may do this when a claim is made.

About this application

When you apply for life insurance, we conduct a process called underwriting. It's how we decide whether we can provide cover, and if so on what terms and at what cost.

We will ask questions we need to know the answers to. These will be about personal circumstances, such as your health and medical history, occupation, income, lifestyle, pastimes, and current and past insurance. The information given to us in response to our questions is vital to our decision.

When you apply for insurance benefits through a superannuation fund, or ask to extend or make changes to existing insurance benefits, the fund trustee may pass on to us personal information you provide to them. You also therefore need to take reasonable care not to make a misrepresentation when providing this information to the fund trustee.

Guidance for answering our questions

You are responsible for the information you provide to us. When answering our questions, you should:

- think carefully about each question before answering. If you are unsure of the meaning of any question, please ask us before you respond
- · answer every question
- answer truthfully, accurately and completely. If you are unsure about whether you should include information, please include it. Please don't assume we will ask others such as your doctor
- review your application carefully. If someone else helped prepare your application, please check every answer (and if necessary, make any corrections).

Changes before your cover starts

Before your cover starts, please tell us about any changes that mean you would now answer our questions differently. It could save time if you let us know about any changes as and when they happen. This is because any changes might require further assessment or investigation.

Notifying the insurer

If, after the cover starts, you think you may not have met your duty, please tell us immediately and we'll let you know whether it has any impact on the cover.

Telephone contact

After you submit your application, we may contact you by phone to collect any information missing from your application. The information you provide will be recorded and used in the assessment of your application for insurance cover. The need for you to take reasonable care not to make a misrepresentation to the insurer before the contract of insurance is entered into also applies during any phone contact with us.

If you need help

It's important that you understand this information and the questions we ask. Ask us for help if you have difficulty answering our questions or understanding the application process.

If you're having difficulty due to a disability, understanding English or for any other reason, we're here to help and can provide additional support for anyone who might need it. You can have a support person you trust with you.

What can we do if the duty is not met?

If you do not take reasonable care not to make a misrepresentation, there are different remedies that may be available to us. These are set out in the *Insurance Contracts Act* 1984 (Cth). They are intended to put us in the position we would have been in if the duty had been met.

For example, we may do one of the following:

- · avoid the cover (treat it as if it never existed)
- · vary the amount of the cover
- · vary the terms of the cover.

Whether we can exercise one of these remedies depends on a number of factors, including all of the following:

- whether you took reasonable care not to make a misrepresentation. This depends on all of the relevant circumstances. This includes how clear and specific our questions were and how clear the information we provided on the duty was
- · what we would have done if the duty had been met for example, whether we would have offered cover, and if so, on what terms
- whether the misrepresentation was fraudulent
- in some cases, how long it has been since the cover started.

Before we exercise any of these remedies, we will explain our reasons, how to respond and provide further information, and what you can do if you disagree.

Type of Fund/Plan Please select the an

| Please select the appropriate box | Life O Group Salary Continuance |
|--|----------------------------------|
| Policy number (if known) | |
| Name of Fund/Plan | |
| Type of cover | Amount of required benefit/cover |
| O Death Only | \$ |
| O Total and Permanent Disablement (TPD) | \$ |
| Group Salary Continuance (monthly benefit) | \$ |

| Title | rsonal d O Mr | etalis O Mrs | O Ms | O Miss | O Doctor | O Other | | | |
|---------------------------|-----------------------|--|-----------------|--------|-------------------|--------------------------------|-------------|----------------|--------------------------|
| Surnai | me | | | | | Given nam | e(s) | | |
| Date o | of birth (dd/ | mm/yyyy) | / | / | | O Male | ○ Fer | male | |
| Reside Street | | ess (this can | not be a PO | Вох) | | | | | |
| Subur | b | | | | | | | State | Postcode |
| Count | ry | | | | | | | | |
| Home | phone | | | Work | phone | | | Mobile pho | ne |
| Email | | | | | | | | | |
| O Ye | es D | | | | sed service pro | | et you by p | ohone if we re | equire more information? |
| Days | | | | Time | : From | | | То | |
| Phone | е Он | ome O | Work C | Mobile | | | | | |
| 1. Are | you currer | e and trav | in Australia | a? | nd how long yo | u intend to res | ide there? | · | |
| O Ye | es o please pro | stralian or N ceed to que | stion 3 | | lo you hold a vi | a that entitle | s you to re | eside perman | nently in Australia? |
| O Ye O No If yes, Date of | please con | ny intention nplete the fore (dd/mm/yy buntry/cities) Holid | llowing: yy) | 1 1 | ustralia within t | he next two y Ouration of sta | | | |
| Please | e specify if | other | | | | | | | |

| 3. Insurance details | | | | | | | | | | |
|--|-----------------|-------------------------------|--------------------------------|----------------|---------------------------|-----------|---------------------|--|---|---|
| Are you covered by, or are you app with any company, including Zuric by your employer? | | | | | | | | | | |
| ○ Yes | | | | | | | | | | |
| ○ No | | | | | | | | | | |
| If you have answered yes , please indi in the table below: | cate which insu | urance(s) and provide deta | ails of the | date the pol | licy was last fully unde | erwritten | | | | |
| Name of company | Type of cover | r Amount insured | Date commenced (dd/mm/yyyy) | | (dd/mm/yyyy) disce | | (dd/mm/yyyy) discor | | Will this policy be discontinued/ replaced? | Date last fully underwritten (replacement policies only) (dd/mm/yyyy) |
| | | \$ | / | / | ○ Yes ○ No | / / | | | | |
| | | \$ | / | / | ○ Yes ○ No | / / | | | | |
| | | \$ | / | / | ○ Yes ○ No | / / | | | | |
| | | \$ | / | / | ○ Yes ○ No | / / | | | | |
| 3. Have you ever made a claim for or Compensation, unemployment be Yes No | | | | ts, Veterans | s' Affairs benefits, W | orkers' | | | | |
| If yes , please provide details i.e. when | , amount, peric | nd paid, type of disability s | uffered, c | late claim fir | nalised etc | | | | | |
| 4. Occupation details 1. What is your usual occupation? | | | | | | | | | | |
| 2. Describe all present duties in the | table below (pl | ease complete both perce | entage of | time and spe | ecific duties in all case | es) | | | | |
| Type of work | % of time | Please describe your s | pecific d | uties and w | here they are perfor | med | | | | |
| Sedentary/administration (e.g. filing, computer work, answering telephone, reception duties, etc) | | | | | | | | | | |
| Manual work – light (e.g. driving, warehousing, surveying, lifting under 5 kg, etc) | | | | | | | | | | |

Manual work – heavy (e.g. bricklaying, lifting over 5 kg, painting, carpentry, mechanic, etc)

| a. What is your current annual income earned through personal exertion, before tax, and including superannuation contributions, but after deduction of business expenses? \$ \\$ |
|--|
| b. What is the percentage of your superannuation contribution? |
| 5. Are you familiar with all applicable safe-work procedures relating to your occupation? |
| O Yes |
| ○ No |
| If no , please indicate the reason you gave this response |
| If yes , do you practice these at all times when performing your work? |
| If no , please provide details of when safe-work procedures are not practiced in your occupation |
| 6. Do you have more than one occupation? |
| ○ Yes |
| ○ No |
| If yes , please specify the occupation, your normal duties and the average hours you work per week in each of your other occupation(s) |
| 5. Pastimes |
| Have you any intention of engaging in: |
| 1. motorcycle/motor racing other than as a means of transportation to and from work? |
| O Yes |
| O No |
| 2. any hazardous activities or sports, e.g. motor or water sports (such as canoeing), football, parachuting, recreations involving heights, underwater sports, caving, body contact sports, gliding, hang-gliding etc? |
| ○ Yes ○ No |
| 3. aviation/flying, other than as a fare-paying passenger? |
| ○ Yes |
| ○ No |
| If you answered yes to any of questions 1, 2 or 3 above, please continue completing this section below for the relevant activity |
| Motorcycle/motor racing |
| Do you have a Motorcycling Australia (MA), FIM international or similar licence Yes No |
| Vehicle type Races p.a. |
| Engine size Max. speed (km/h) Class O Recreational O Amateur O Professional |
| Scuba/skin diving Average depth (m) Maximum depth (m) Dives per annum |
| Do you use explosives? |
| If yes , give details |

Football/Soccer/Aussie Rules, etc Code played and grade O Amateur O Professional Games p.a. Recreational Do you receive any income participating in Football/Soccer/Aussie Rules etc? O Yes O No If yes, provide amount and details Aviation/flying O Yes O No Do you hold a Civil Aviation Safety Authority (CASA) licence? If yes, state type and period held Do you intend to change the scope of your present licence? O Yes O No Have you ever had an accident or been charged with violating CASA regulations? O Yes O No Do you always use authorised landing areas? O Yes O No Please complete the table below No. of hours flown Past 12 months Future annual average Crew Passenger Crew Passenger Commercial airline Charter Private Aero club/flying school Agriculture Helicopter Ultralight aircraft Do you intend to engage in any form of aviation other than the above categories O Yes O No (e.g. ballooning, aerobatics, parachuting, paragliding)? If yes, please provide frequency and details. Other sports or pastimes Please provide details and frequency of any other hazardous activities or sports you participate in (e.g. boxing, competitive riding, mountain climbing, body contact sports, caving, etc) a. Activity On what basis do you partake in this activity Recreational Amateur O Professional b. Activity O Professional On what basis do you partake in this activity Recreational Amateur c. Activity On what basis do you partake in this activity Recreational Amateur Professional

| 6. Personal state | ement | | | | |
|---|---|----------------------------------|-------------------------------|-----------|-----|
| 1. What is your currer | nt height and weight? | Height (cm) | Weight (kg) | | |
| 2. Has your weight va | aried by more than 10 kg during the las | t 12 months (excluding pregn | nancy)? | O Yes | O N |
| If yes , please provide of | details | | | | |
| | nonths have you smoked tobacco or a f electronic cigarette? | ny other substance | | ○ Yes | O N |
| If yes , please state typ | e and quantity per day | | | | |
| | ee months, have you used nicotine rep edication (e.g. Zyban, Chantix, etc)? | lacement therapy (e.g. nicoti | ine gum, patches, etc) | ○ Yes | ΟN |
| If yes , please state typ | e(s) and length of time you have been t | using this | | | |
| 5. Non-smokers – hav | ve you ever smoked regularly in the pa | st? | | O Yes | O N |
| If yes , please state typ | e, quantity per day and date ceased | | | | |
| 6. Do you consume al | lcohol? | | | O Yes | O N |
| If yes , please state how | v many standard drinks you consume pe | r day (a standard drink is 125 m | nl wine, 250 ml beer or 30 ml | spirits) | |
| 7. Have you ever been | n advised to stop or reduce your alcoh | ol intake due to a medical co | ndition? | O Yes | O N |
| If yes , please provide f | ull details | | | | |
| 7. Family history | | | | | |
| To be completed for y | our blood relatives only (if adopted and | d family history unknown, plea | ase state so) | | |
| mellitus, breast can | rrents, brothers or sisters (alive or dece cer, bowel cancer, ovarian cancer, mult idney disease, Alzheimer's disease, de | iple sclerosis, motor neurone | disease, familial adenomat | | |
| O Yes | | | | | |
| O No | | | | | |
| | arents, brothers or sisters (alive or dec isease, stroke, mental illness, haemoch ie)? | | | | |
| O Yes | | | | | |
| ○ No | | | | | |
| If you answered yes to | either question 1 or 2, please complete t | he following table. | | | |
| Relation | Condition/Disorder | | Age | diagnosed | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| 1 | | | | | |

Note: You are only required to disclose family history information pertaining to first degree blood-related family members – living or deceased (mother, father, brothers, sisters).

8. Medical history

To the best of your knowledge, have you ever had any of the following:

Please select the appropriate box and circle the specific conditions that are applicable.

| | | No | Yes |
|---|---|----|-----|
| 1 | Asthma? | 0 | 0 |
| 2 | High blood pressure? | 0 | 0 |
| 3 | High cholesterol? | 0 | 0 |
| 4 | Diabetes? | 0 | 0 |
| 5 | Stress, anxiety, depression or any other mental health condition? | 0 | 0 |
| 6 | Back or neck pain, sciatica or any disorder of the spine or neck? | 0 | 0 |
| 7 | Arthritis, shoulder or knee pain or any other disorder of the joints? | 0 | 0 |
| 8 | Cyst, mole or skin lesion? | 0 | 0 |

| it you | l answered yes to any of the conditions in bold above, please complete the relevant questionnaire on pages 15 to 25 | | |
|--------|---|---|---|
| 9 | Sleep apnoea, bronchitis, persistent cough or any other chest or lung condition? | 0 | 0 |
| 10 | Heart condition, murmur, chest pain, rheumatic fever, palpitations, stroke or vascular disorder? | 0 | 0 |
| 11 | Thyroid or glandular trouble? | 0 | 0 |
| 12 | Ulcers or recurring indigestion? | 0 | 0 |
| 13 | Epilepsy, fits or dizziness, fainting of any kind or persistent headaches? | 0 | 0 |
| 14 | Alzheimer's disease or dementia? | 0 | 0 |
| 15 | Kidney, prostate or bladder problems, renal colic or stones, nephritis, lupus nephritis, pyelitis or cystitis? | 0 | 0 |
| 16 | Broken bones or osteoporosis or any pain, strain or disorder of any muscles, ligaments, cartilage or limbs? | 0 | 0 |
| 17 | Gout, fibromyalgia, tendonitis, tenosynovitis, RSI, or any regional pain syndrome, chronic fatigue syndrome (myalgic encephalomyelitis)? | 0 | 0 |
| 18 | Cancer, tumour, growths of any kind or breast lumps (even if you have not seen a doctor)? | 0 | 0 |
| 19 | Varicose veins, hernia, scleroderma, systemic sclerosis or skin disorders? | 0 | 0 |
| 20 | Any abnormality affecting eyesight, hearing or speech? | 0 | 0 |
| 21 | Any abnormality affecting physical mobility or muscular power (e.g. multiple sclerosis or any diagnosed intellectual disability or cognitive impairment)? | 0 | 0 |
| 22 | Anaemia, haemophilia or any other disease of the blood? | 0 | 0 |
| 23 | Bowel, liver or gall bladder disease or hepatitis? | 0 | 0 |
| 24 | Coughing of blood or passing of blood from the bowel or in the urine? | 0 | 0 |
| 25 | Have you within the last five years had any other illness, injury, operation, X-ray, electrocardiogram, blood transfusion, any other special tests or been advised to have a blood test for any reason? | 0 | 0 |
| 26 | Due to injury or illness have you ever been off work for more than seven consecutive days (if not already mentioned)? | 0 | 0 |
| 27 | Do you now have any symptoms of ill health or disability? | 0 | 0 |
| 28 | Are you contemplating surgery, intending to consult a doctor, or have you been advised to have an operation or other medical investigation or test in the future (e.g. X-ray, ECG, blood test, etc)? | 0 | 0 |
| 29 | Do you take, or have you ever taken drugs or any medications on a regular or ongoing basis? | 0 | 0 |
| 30 | Have you ever used or injected any drugs not prescribed for you by a medical attendant or have you ever received advice, counselling or treatment for drug dependence? | 0 | 0 |
| 31 | Are you suffering from unintentional weight loss, persistent night sweats, persistent fever, diarrhoea or swollen glands? | 0 | 0 |
| 32 | Have you ever tested positive for HIV (Human Immunodeficiency Virus), which causes AIDS (Acquired Immune Deficiency Syndrome), or are you suffering from AIDS or any AIDS-related condition? | 0 | 0 |
| 33 | Have you received or are you expected to receive treatment, or undergo a medical consultation for a sexually transmitted disease including but not limited to HIV (AIDS), gonorrhoea or syphilis? | 0 | 0 |

| | | | | | | | | | | N | ol ` | Yes |
|------|--|---|---|---|--------------|------------|----------|-------------|---|----------|---------------|---------------|
| 34 | applying for with Zurich, more the \$4,000 per month in total of any continuance cover? | sting insurance(s) detailed in Section 3 question 1, and any new insurance you are an any one of the following; \$500,000 Death; \$500,000 TPD; \$200,000 Trauma; combination of Income Protection/Business expense/Living expense/salary (a) please proceed to 34(B), otherwise continue to question 35 | | | | | | |) | 0 | | |
| | | | | | | | | | | | \dashv | $\overline{}$ |
| | b. Have you ever had, or have you s awaiting) an individual result? (P study and where the result of the | lease do not include ar | ny test cond | ucted | solely for | the purp | ose of | medical r | esearch | | | 0 |
| | | FE | MALES ON | ILY | | | | | | | | |
| 35 | a. Have you ever had any complicat | ions with pregnancy or | childbirth? | | | | | | | | | 0 |
| | b. Are you now pregnant? If yes , please advise due date (dd/mm/yyyy) / / | | | | | | | | | 0 | | |
| | c. Have you ever had an abnormal | cervical smear test (par | o), breast ult | rasour | nd or mar | nmogran | n? | | | | | 0 |
| | d. Have you ever had any symptom or endometrium? | (s) of, or sought advice | or treatmen | t for ar | ny condit | ion of the | e cervix | k, ovary, u | terus, brea | est, (| | 0 |
| | answered yes to any questions from 9 ge 25. | 9–35, please complete | the following | g table | . If there i | s not enc | ough sp | pace here | , please pro | ovide de | etails | 3 |
| | | Question no: | | | | Questi | ion no: | | | | | |
| Disa | ability, illness, injury or condition | | | | | | | | | | | |
| | | | | | | | | | | | | |
| Inve | estigation type(s) and result(s) | | | | | | | | | | | |
| | | | | | | | | | | | | |
| Dat | e of first symptoms (dd/mm/yyyy) | / / | | | | / / | | | | | | |
| Free | quency of symptoms | | | | | | | | | | | |
| Тур | e of treatment | | | | | | | | | | | |
| | | | | | | | | | | | | |
| | | | | | | | | | | | | |
| | e treatment provided and ceased (mm/yyyy) | First / / | Last | / | / | First | / | / | Last | / | / | |
| | further treatment, referral or | O Yes | | | | O Yes | 3 | | | | | |
| inve | estigation(s) been recommended? | O No | | | | O No | | | | | | |
| Tim | e off work | | | | | | | | | | | |
| | | | | | | | | | | | | |
| | | | | | | | | | | | | |
| Hav | e you completely recovered? | O Yes | | | | O Yes | 3 | | | | | |
| | | O No | | | | O No | | | | | | |
| Date | e of last symptoms (dd/mm/yyyy) | / / | | | | | / | / | | | | |
| | ne and address of medical facility | | | | | | | | | | | |
| and | attending doctor | | •••••••• | | | | | | • | | | |
| | | | • | | | | | | • | | | ••••• |
| | | ····· | · · · · · · · · · · · · · · · · · · · | | | ······ | | | | | | |
| | | | • | • | | ····· | | | • | | • • • • • • • | ••••• |

| | Question no: | | Question no: | | | |
|--|--------------|---|--------------|------------|-------|--|
| Disability, illness, injury or condition | | | | | | |
| | | •••••• | | | • • • | |
| Investigation type(s) and result(s) | | | | | _ | |
| 5 ,, , , | | •••••••••••• | | | | |
| Date of first symptoms (dd/mm/yyyy) | / / | | / / | 1 | _ | |
| | / / | | / / | | | |
| Frequency of symptoms | | | | | | |
| Type of treatment | | | | | | |
| | | •••••• | | | ••• | |
| | | ••••• | | | | |
| Date treatment provided and ceased | | | | | | |
| (dd/mm/yyyy) | First / / | Last / / | First / | / Last / / | | |
| Has further treatment, referral or | ○ Yes | | ○ Yes | | | |
| investigation(s) been recommended? | O No | | ○ No | | | |
| Time off work | | | | | | |
| | | ••••• | | | | |
| | | • | | | | |
| | | | | | _ | |
| Have you completely recovered? | O Yes | | O Yes | | | |
| | O No | | O No | | | |
| Date of last symptoms (dd/mm/yyyy) | / / | | / / | 1 | | |
| Name and address of medical facility | | | | | | |
| and attending doctor | | •••••••••••• | | | | |
| | | | 1 | | | |
| | | | | | | |
| | | • | | | | |
| | | | | | | |

| | Question no: | | Question no: | | |
|--|--------------|---|--------------|------------|-------|
| Disability, illness, injury or condition | | | | | |
| | | •••••• | | | • • • |
| Investigation type(s) and result(s) | | | | | _ |
| 5 ,, , , | | •••••••••••• | | | |
| Date of first symptoms (dd/mm/yyyy) | / / | | / / | 1 | _ |
| | / / | | / / | | |
| Frequency of symptoms | | | | | |
| Type of treatment | | | | | |
| | | •••••• | | | ••• |
| | | ••••• | | | |
| Date treatment provided and ceased | | | | | |
| (dd/mm/yyyy) | First / / | Last / / | First / | / Last / / | |
| Has further treatment, referral or | ○ Yes | | ○ Yes | | |
| investigation(s) been recommended? | O No | | ○ No | | |
| Time off work | | | | | |
| | | ••••• | | | |
| | | • | | | |
| | | | | | _ |
| Have you completely recovered? | O Yes | | O Yes | | |
| | O No | | O No | | |
| Date of last symptoms (dd/mm/yyyy) | / / | | / / | 1 | |
| Name and address of medical facility | | | | | |
| and attending doctor | | •••••••••••• | | | |
| | | | 1 | | |
| | | | | | |
| | | • | | | |
| | | | | | |

9. Usual doctor or medical centre details

1. Full name and address of usual doctor/medical centre

| Doctor/Medical centre | | | | | |
|--|--|--|------------------------------|--|--|
| Phone | | | | | |
| No. and street | | | | | |
| Suburb | S | State | Postcode | | |
| 2. How many years have you been attending | centre? | /ears | Months | | |
| a. When was your last visit to this doctor/med | dical centre? | | | | |
| b. Reason for check-up or consultation? | | | | | |
| c. Outcome including medication, treatment | etc | | | | |
| d. Degree of recovery? | % | | | | |
| 3. Have you had any consultations with you already mentioned? Yes No If yes, please provide details | ur usual doctor or any ot | ther doctor (other than for | colds or the flu) ir | n the last three years not | |
| Name, address and phone number of doctor/medical centre | Date last consulted (dd/mm/yyyy) | Reason for check-up or consultation | Outcome inclumedication, tre | luding degree of recovery, reatment, etc | |
| | / / | | | | |
| | / / | | | | |
| | / / | | | | |
| | / / | | | | |
| 10. Declaration by the life insured I have read and understood the questions in I have read and understood my duty to take provided in this application are true, accurated I have read the Privacy Statement at Section It is available at zurich.com.au/important-inf I acknowledge and consent to the collection information) as described in the Privacy States I accept that where my employer (or former than the privacy States) | n this Personal Statemen reasonable care not to m te and complete. n 12 of this form (below). (2 ormation/privacy) n, use, storage and disclo tement on this form (see | nake a misrepresentation and Zurich's Privacy Policy detan esure of my personal inform Section 12). | ils how we manage | personal information. alth and other sensitive | |
| intermediary to arrange and/or administer the adviser/intermediary in order to undertake t | ne Group Risk policy on the he management and adn | neir behalf, my personal info ninistration of the policy. | ormation will be pro | vided to the financial | |
| I have read and understood my duty to take duty and answering all questions truthfully a | | nake a misrepresentation ar | nd the consequenc | ces of not meeting the legal | |
| I authorise any medical practitioner, other pranty information that they may possess about | | | atement to verify an | y aspect of it, and disclose | |
| I acknowledge that where I am making an all made on a voluntary basis (other than as a capplication for cover is being made on the bull Disclosure Statement(s) (PDS) for the type(statement). | direct result of the formula pasis of this Personal Stat | a for cover which applies to tement), that I have received | the group risk police | cy or policies for which an | |
| I acknowledge that if I do not complete this by Zurich. | form correctly or I do not | sign and date this Declarat | ion, my application | will not be considered | |
| Life insured/applicant – signature | | | | | |
| X | Date | / / | | | |

11. Consent for accessing Health Information

Notes on releasing information about your health

Your health information includes details about all your interactions with health providers, and may include details such as your symptoms, treatment, consultations, personal medical history and lifestyle. Health providers cannot release this information about you without your consent.

We, Zurich, collect and use your health information to assess your application for cover, to assess and manage your claim, or to confirm the information you gave us when you applied for cover or made a claim. This is why we need your consent.

Each time you apply for cover or make a claim, we will ask you for a fresh consent. We will respect your privacy by only asking for the information we reasonably need, and we will tell you each time we use your consent.

Please read each Authority carefully and the explanatory notes below.

Authority 1 explanatory notes – through this Authority, with the exception of a copy of the consultation notes held by your General Practitioner/Practice, you are consenting to any health provider releasing any health information about you in the form we ask for. This may involve, for example:

- preparing a general report and/or a report about a specific condition;
- · accessing and releasing your records in SafeScript;
- · releasing your hospital patient notes;
- releasing the results of any investigations they have done; and/or
- · releasing correspondence with other health providers.

Authority 2 explanatory notes – through this Authority, you are consenting to any General Practitioner/Practice you have attended releasing a copy of your full record, including consultation notes, but only if we have asked them to provide a general report and/or a report about a specific condition under Authority 1, and either:

- · they will be unable to, or did not, provide the report within 4 weeks; or
- the report provided is incomplete, or contains inconsistencies or inaccuracies.

Your General Practitioner maintains consultation notes to support quality care, your wellbeing and to meet legal and professional requirements. General Practitioners/Practices should only release a copy of your full record, including consultation notes, for life insurance purposes in the rare circumstances set out above.

If you choose to withhold your consent to this authority, we may not be able to process your application for cover or a claim.

| Surname | | | | | |
|----------------------------|---|---|--|--|--|
| Given name(s) | | | | | |
| Date of birth (dd/mm/yyyy) | / | / | | | |
| | | | | | |

Super Fund/Employer details

Authority 1 – to release any of my health information except the consultation notes held by my General Practitioner/Practice

With the exception of consultation notes held by any General Practitioner/Practice I have attended, I authorise any health provider, practitioner, practice, psychologist, dentist, allied health services provider or any hospital to access and release, in writing or verbally, any details of my health information to Zurich, or to third parties they engage.

I agree to all the following:

- My health information can be released in the form Zurich asks for, such as a general report, a report about a specific condition, my records in SafeScript, any hospital notes, or correspondence between health providers.
- Zurich can collect, use, store and disclose my personal information (including sensitive information) in accordance with privacy laws and Australian Privacy Principles.
- This Authority is valid only while Zurich is assessing my claim or application for cover, or is verifying disclosures I made in connection with the cover.
- A copy or transcript of this Authority will be valid and effective, and this Authority should be accepted as valid and effective where I have signed electronically or consented verbally.

Authority 2 – to release a copy of the full record, including consultation notes, held by my General Practitioner/Practice in specified circumstances

I authorise any General Practitioner/Practice I have attended to release a copy of my full record, including consultation notes, to Zurich, or to third parties they engage, only if Zurich has asked them for a report on my health and either:

- the General Practitioner/Practice will be unable to, or did not provide the report within four weeks; or
- the report is incomplete, or contains inconsistencies or inaccuracies.

I agree to all the following:

- Zurich can collect, use, store and disclose my personal information (including sensitive information) in accordance with privacy laws and Australian Privacy Principles.
- This Authority is valid only while Zurich is assessing my claim or application for cover, or is verifying disclosures I made in connection with the cover.
- A copy or transcript of this Authority will be valid and effective, and this Authority should be accepted as valid and effective where I have signed electronically or consented verbally.

| Name | Name | | | | | |
|-------------------|-------------------|--|--|--|--|--|
| Signature | Signature | | | | | |
| × | X | | | | | |
| Date (dd/mm/yyyy) | Date (dd/mm/yyyy) | | | | | |
| | / / | | | | | |

12. Privacy Statement

In this section 'we', 'us' and 'our' refers to Zurich Australia Limited. 'You' and 'your' refers to policy owners and life insureds.

We collect your personal information (including health and other sensitive information) from you in order to manage and administer our products and services. Without your personal information, we may not be able to process your application or provide you with the products or services you require.

We are committed to ensuring the confidentiality and security of your personal information (including health and other sensitive information). Our Privacy Policy details how we manage your personal information and is available on request or may be downloaded from zurich.com.au/important-information/privacy

In order to undertake the management and administration of our products and services, it may be necessary for us to disclose your personal information (including health and other sensitive information) to certain third parties as outlined below.

Unless you consent to such disclosure we will not be able to consider the information you have provided.

PROVIDING YOUR INFORMATION TO OTHERS

The parties to whom we may routinely disclose your personal information (including health and other sensitive information) include:

- an organisation that assists us to detect and protect against consumer fraud;
- · any related company of Zurich which will use the information for the same purposes as Zurich and will act under Zurich's Privacy Policy;
- · organisations performing administration and/or compliance functions in relation to the products and services we provide;
- · organisations providing medical or other services for the purpose of the assessment of any insurance claim you make with us (such as reinsurers);
- · our solicitors or legal representatives;
- · organisations maintaining our information technology systems;
- · organisations providing mailing and printing services;
- · persons who act on your behalf (such as your agent or financial adviser);
- the policy owner (or parties acting on behalf of the policy owner);
- regulatory bodies, government agencies, law enforcement bodies and courts;
- our related companies (members of the Zurich Insurance Group Ltd group), including for carrying out any group business functions;
- organisations, including those in alliance with us or our related companies, to distribute, manage and administer our products and services, carry out business functions and analytics activities.

We will also disclose your personal information (including health and other sensitive information) in circumstances where we are required by law to do so. Examples of such laws are:

- the Family Law Act 1975 (Cth) enables certain persons to request information about your interest in a superannuation fund;
- there are disclosure obligations to third parties under the Anti-Money Laundering and Counter-Terrorism Financing Act 2006.

INFORMATION REQUIRED BY LAW

Zurich may be required by relevant laws to collect certain information from you. Details of these laws and why they require us to collect this information are contained in our Privacy Policy at zurich.com.au/important-information/privacy

PRIVACY CONSENT

Where you wish to authorise any other parties to act on your behalf, to receive information and/or undertake transactions please notify us in writing.

If you give us personal information about someone else, you must show them a copy of this document or our Privacy Policy available at zurich.com.au/important-information/privacy so that they may understand the manner in which their personal information may be used or disclosed by us in connection with your dealings with us.

PRIVACY POLICY

Our Privacy Policy contains information about:

- when we may collect information from a third party;
- how you may access and seek correction of the personal information (including health and other sensitive information) we hold about you; and
- · how you can raise concerns that we have breached the Privacy Act or an applicable code and how we will deal with those matters.

You can contact us about your information or any other privacy matter as follows:

In writing: GPO Box 75

Sydney NSW 2001

Email: privacy.officer@zurich.com.au
We may charge you a reasonable fee for this.

If any of your personal information is incorrect or has changed, please let us know by contacting Customer Services on 133 667.

More information can be found in our Privacy Policy at zurich.com.au/important-information/privacy

OVERSEAS RECIPIENTS

We may disclose your personal information (including health and other sensitive information) to recipients (including service providers and related companies) which are (1) located outside Australia and/or (2) not established in or do not carry on business in Australia.

You can find details about the location of these recipients in our Privacy Policy at zurich.com.au/important-information/privacy

13. Supplementary questionnaires

ASTHMA QUESTIONNAIRE

Only complete this questionnaire if you answered yes to question 1 in Section 8

| 1. When did you have your first episode of asthma? | Date (do | l/mm/yyyy) | / | 1 |
|---|--------------------------|-------------------|----------|----------------------------|
| 2. When was your most recent episode of asthma? | Date (do | l/mm/yyyy) | / | / |
| 3. Approximately how many episodes have occurred in the la | ast 12 months? | | | |
| 4. Have you ever suffered from nocturnal asthma attacks? | | | | |
| ○ Yes | | | | |
| ○ No | | | | |
| If yes , please provide the frequency of these attacks and approxi | rimate date of last atta | ack | | |
| 5. Have you had any time off work due to this condition? | | | | |
| ○ Yes | | | | |
| ○ No | | | | |
| If yes , please provide the dates and duration | | | | |
| 6. Are the symptoms/attacks typically precipitated by anythin | ng in particular (e.g. : | seasonal, exercis | se induc | ed, a cold or bronchitis)? |
| O Yes | | | | |
| ○ No | | | | |
| If yes , please provide details | | | | |
| 7. Have you sought medical treatment or advice for asthma? | | | | |
| ○ Yes | | | | |
| ○ No | | | | |
| If yes , please provide details | | | | |
| Name of doctor/health professional | | | | |
| Address | | | | |
| Suburb | | State | | Postcode |
| Date of last consultation (dd/mm/yyyy) / / | | | | |
| 8. How has your doctor described your asthma? O Mild | O Moderate | O Severe | | |
| 9. Have you ever used any medication, including steroids? | | | | |
| ○ Yes | | | | |
| ○ No | | | | |
| If yes , please provide details | | | | |

| Туре | Date commenced (dd/mm/yyyy) | Frequency (e.g. daily, weekly) | Dosage | Date ceased (if applicable) (dd/mm/yyyy) | Reason for cessation |
|------|-----------------------------------|--------------------------------------|--------|--|----------------------|
| | / / | | | / / | |
| | / / | | | / / | |
| | / / | | | / / | |
| | / / | | | / / | |

| | een hospitali | sed due to asthma? | | | | |
|---|---------------|-----------------------------|--------------------------------------|------------|--|----------------------|
| O Yes | | | | | | |
| If yes , please provid | e details | | | | | |
| Date from (dd/mm/y | | / / | Date to (d | d/mm/yyyy) | / / | |
| Name of hospital | | | | | | |
| Address | | | | | | |
| Suburb | | | | | State | Postcode |
| 11. Have you ever h | ad lung funct | ion tests performed | ? | | | |
| O Yes | | | | | | |
| ○ No | | | | | | |
| If yes , please provid | e details | | | | | |
| Date (dd/mm/yyyy) | Test resul | ts | | | | |
| / / | | | | | | |
| / / | | | | | | |
| / / | | | | | | |
| When was your b What was your b Have you ever be | lood pressur | e reading at that tin | | Date (dd/n | | / Diastolic |
| Yes | en treated by | y medication: | | | | |
| O No | | | | | | |
| If yes , please provid | e details | | | | | |
| Туре | | Date commenced (dd/mm/yyyy) | Frequency (e.g. daily, weekly) | Dosage | Date ceased (if applicable) (dd/mm/yyyy) | Reason for cessation |
| | | / / | | | / / | |
| | | / / | | | / / | |
| | | / / | | | / / | |
| | | / / | | | / / | |
| 4. Did you undergoYesNoIf yes, please provid | · | nvestigations? | | | | |
| Tests performed | | Date | Results | | | |
| | | (dd/mm/yyyy) | | | | |

| rooto porrormou | (dd/mm/yyyy) | - Notatio |
|-----------------|--------------|-----------|
| | / / | |
| | / / | |
| | | |

| 5. Is the treating doctor differentYes | t to your usual doct | or? | | | |
|---|---|---------------------------|-------------|-----------------------------|----------------------|
| ○ No | | | | | |
| If yes , please provide details | | | | | |
| Name | | | | | |
| Address | | | | | |
| Suburb | | | | State | Postcode |
| Date of last consultation (dd/mm/ | (yyyy) / | / | | | |
| 6. What was the date of your las | st blood pressure ch | Date (dd/m | m/yyyy) / | 1 | |
| 7. What was your blood pressur | Systolic | | Diastolic | | |
| 8. How has your doctor describ | ed your blood press | sure control? | O Exceller | nt O Good | O Poor O Other |
| If other , please provide details | | | | | |
| 9. What is the date of your next | 9. What is the date of your next blood pressure check-up? | | | | 1 |
| CHOLESTEROL QUESTIO Only complete this questionnaire is | | o question 3 in Sec | otion 8 | | |
| 1. When was your high choleste | rol first diagnosed? | , | Date (dd/m | m/yyyy) / | / |
| 2. What were your cholesterol r | eadings at that time | ? | Cholesterol | I | Triglycerides |
| | | | HDL Choles | sterol | LDL Cholesterol |
| 3. Did you undergo any tests orYesNoIf yes, please provide details | investigations? | | | | |
| Tests performed | Date (dd/mm/yyyy) | Results | | | |
| | / / | | | | |
| | / / | | | | |
| 4a. Have you ever used any med | lication? | | | | |
| ○ Yes | | | | | |
| ○ No | | | | | |
| If yes , please provide details | | 1 | | | |
| Туре | Date commenced | Frequency (e.g. daily, | Dosage | Date ceased (if applicable) | Reason for cessation |

| Туре | Date commenced (dd/mm/yyyy) | Frequency (e.g. daily, weekly) | Dosage | Date ceased (if applicable) (dd/mm/yyyy) | Reason for cessation |
|------|-----------------------------------|--------------------------------------|--------|--|----------------------|
| | / / | | | / / | |
| | / / | | | / / | |
| | / / | | | / / | |
| | / / | | | / / | |

| 4b. Has this treatment ever changed (e.g. has the type or dosage of your | medication been changed)? |
|---|-----------------------------------|
| ○ Yes | |
| ○ No | |
| If yes , please provide date of when treatment changed and the reason(s) fo | r change |
| | |
| E. In the treation deptor different to convey and deptor 2 | |
| 5. Is the treating doctor different to your usual doctor?Yes | |
| O No | |
| If yes , please provide details | |
| Name | |
| Address | |
| Suburb | State Postcode |
| Date of last consultation (dd/mm/yyyy) / / | |
| 6. What was the date of your last cholesterol check? | Date (dd/mm/yyyy) / / |
| 7. What were your cholesterol readings at that time? | Cholesterol Triglycerides |
| | HDL Cholesterol LDL Cholesterol |
| 8. How has your doctor described your cholesterol control? | O Excellent O Good O Poor O Other |
| If other , please provide details | |
| 9. What is the date of your next cholesterol check-up? | Date (dd/mm/yyyy) / / |
| DIABETES QUESTIONNAIRE | |
| Only complete this questionnaire if you answered yes to question 4 in Secti | ion 8 |
| 1. What type of diabetes were you diagnosed with? | |
| 2. When was your diabetes first diagnosed? | Date (dd/mm/yyyy) / / |
| 3. How is your diabetes controlled? | |
| ○ Insulin – go to question 3 | |
| O Diet only – go to question 4 | |
| Oral – list medications below and then go to question 4 | |
| | |
| | |
| | |
| 4. How many times a day do you administer insulin? | |
| O I'm on an insulin pump | |
| One or two times daily | |
| Three or more times daily F. How often do you monitor your sugar levels? | |
| 5. How often do you monitor your sugar levels?One or two times daily | |
| One or two times daily Three or more times daily | |
| Other | |
| If other , please provide details | |
| | |

| | | ions, diabetic com rotein in the urine: | | her | al vascular disease or eye p | roblems (not already mentioned |
|--------------------------------|-------------------|--|----------------------------|------|------------------------------|--------------------------------|
| O Yes | | | | | | |
| ○ No | | | | | | |
| If yes , please provide | e details | | | | | |
| Condition | | Date (dd/mm/yyyy) | Treatment | | | |
| | | / / | | | | |
| | | / / | | | | |
| 7. Have you had a gl | ycosylated ha | emoglobin (HbA1c | c) test in the last six mo | nth | ns? | |
| O Yes | | | | | | |
| ○ No | | | | | | |
| If yes , please provide | e details | | | | | |
| Date (dd/mm/yyyy) | Test results | 3 | | | | |
| / / | | | | | | |
| / / | | | | | | |
| Is this result consister | nt with others to | aken over the last 12 | 2 months? | | | |
| O Yes | | | | | | |
| ○ No | | | | | | |
| If no , please provide | details | | | | | |
| Date (dd/mm/yyyy) | Test results | ; | | | | |
| / / | | | | | | |
| / / | | | | | | |
| 8. Is the treating do | ctor different t | to your usual docto | or? | | | |
| ○ Yes | | | | | | |
| ○ No | | | | | | |
| If yes , please provide | e details | | | | | |
| Name | | | | | | |
| Address | | | | | | |
| Suburb | | | | | State | Postcode |
| Date of last consultat | tion (dd/mm/yy | /yy) / | 1 | | | |
| MENTAL HEALT | H QUESTIC | NNAIRE | | | | |
| Only complete this q | uestionnaire if | you answered yes | to question 5 in Section | n 8. | | |
| 1. Please select the | conditions you | u have had (or curr | ently have), or receive | d tı | eatment for: | |
| Anxiety including | g generalised a | nxiety, panic or pho | obia disorder (| 0 | Post traumatic stress | |
| O Eating disorder in | ncluding anore | xia nervosa or bulir | mia (| 0 | Schizophrenia or any other p | osychotic disorder |
| O Depression inclu | ıding major dep | oression or dysthyn | mia (| 0 | Stress, sleeplessness or chi | ronic tiredness |
| O Manic depressive | e illness or bipo | olar disorder | (| 0 | Other | |
| Alcohol or others | substance abu | se or addiction | | | | |
| If other , please desc | ribe | | | | | |

2. Please complete the table below for all described conditions Describe your symptoms Condition

| Condition | Describe your symptoms | (dd/mm/yyyy) | ceased (if applicable) (dd/mm/yyyy) |
|-----------|------------------------|--------------|---|
| | | / / | / / |
| | | / / | / / |
| | | / / | / / |
| | | / / | / / |

| | | / / | / / |
|---|---|-----|-----|
| 3. Have you ever had any recurrence of | the symptoms? | | |
| ○ Yes | | | |
| ○ No | | | |
| If yes , please provide details including da | ites | | |
| | | | |
| 4. Are you currently symptom free? | ○ Yes ○ No | | |
| 5. Date of last symptoms | Date (dd/mm/yyyy) / / | | |
| 6. Have you ever attempted suicide or s | elf harm? | | |
| O Yes | | | |
| ○ No | | | |
| If yes , please provide details including wh | nen, name and address of treating doctor, clinic or hospita | l | |
| | | | |
| | | | |
| 7. Are you aware of the cause or reason | for your condition(s)? | | |
| ○ Yes | | | |
| ○ No | | | |
| If yes , please provide details | | | |
| | | | |
| | | | |
| 8. Have you ever had any time off work | due to your condition(s)? | | |
| ○ Yes | | | |
| ○ No | | | |
| If yes , please provide the dates and durat | ion | | |
| | | | |
| | | | |
| 9. Are you currently or have you ever be | een on treatment, including medication? | | |
| O Yes | | | |
| O No | | | |
| If yes , please provide details | | | |
| | | | |

| Treatment (e.g. tranquillisers, sedatives, ECT, counselling, etc) | Date commenced (dd/mm/yyyy) | Date ceased (if applicable) (dd/mm/yyyy) | Reason ceased |
|---|-----------------------------|--|---------------|
| | / / | / / | |
| | / / | / / | |

| ○ Yes | | |
|--|-------------------------|----------|
| ○ No | | |
| If yes , please provide details | | |
| | | |
| | | |
| 11. Have you been referred for consultation with a psychiatrist or psychologist? | | |
| O Yes | | |
| ○ No | | |
| If yes , please provide details | | |
| Name of consultant | | |
| Address | | |
| Suburb/Town | State | Postcode |
| Date of last consultation (dd/mm/yyyy) / / | | |
| 12. Have you been admitted to hospital or any other care facility?Yes | | |
| ○ No | | |
| If yes , please provide details | | |
| Name of institution | | |
| Address | | |
| Suburb/Town | State | Postcode |
| Date of last consultation (dd/mm/yyyy) / / | | |
| Doctor(s) consulted | | |
| BACK/NECK QUESTIONNAIRE | | |
| Only complete this questionnaire if you answered yes to question 6 in Section 8 | | |
| When did your back/neck condition first occur? | Date (dd/mm/yyy | y) / / |
| 2. Which area(s) of your back/neck was affected (e.g. middle back)? | | |
| | | |
| 3. What was the cause or reason for the condition? | | |
| | | |
| | | |
| 4. Please describe the exact nature of the condition, including the symptoms and (e.g. sciatica, prolapsed disc, whiplash etc) | doctor's diagnosis if k | nown |
| | | |
| | | |
| | | |

| 5. Was an X-ray, CT scan or any other | type of investigation perfor | med? | | |
|--|---|--|--|-----------------------------------|
| ○ Yes | | | | |
| ○ No | | | | |
| If yes , please provide details | | | | |
| Tests | Date of tests (dd/mm/yyyy) | Results | | |
| | / / | | | |
| | / / | | | |
| | | | | |
| 6. Have you had recurrent or multiple Yes | episodes of the back/neck (| condition? | | |
| O No | | | | |
| If yes , please provide details including t | the number of enjector and t | ho data of the most rec | ont opisodo includir | ag duration |
| ii yes , piease provide details including t | ine number of episodes and t | ne date of the most rec | ent episode inciddii | ig duration |
| | | | | |
| 7. Please provide details of all people | you have consulted for this o | condition in the table b | elow | |
| Name and address of doctor/health professional | Type (e.g. doctor, chiropractor, physiotherapist) | Date last consulted (dd/mm/yyyy) | Treatment preso (e.g. analgesics, drugs, immobilis | anti-inflammatory |
| | | / / | | |
| | | / / | | |
| | | / / | | |
| YesNoIf yes, please provide the dates and dur | ration | | | |
| | | | | |
| 9. Are your work duties or activities lin | mited/affected by the condi | tion? | | |
| O Yes | | | | |
| No | | | | |
| If yes , please provide details | | | | |
| | | | | |
| | | | | |
| 10. Are you still undergoing treatmentYes | or do you have any residual | pain, limitation of mov | ement or restriction | n of any kind? |
| O No | | | | |
| If yes , please provide details | | | | |
| | | | | |
| | | | | |
| 11. Overall do you feel that your back | /neck condition is? | Resolved O Improv | ving O Stable | Deteriorating |
| - | | | | |

Date (dd/mm/yyyy)

12. What was the date of your last symptoms?

ARTHRITIS/JOINT QUESTIONNAIRE

Only complete this questionnaire if you answered \boldsymbol{yes} to question 7 in Section 8

| | s/was arrected r each conditio | | | | ic box is s | elected, please copy this questionnaire | anu |
|---|------------------------------------|------------------|---|----------------------------------|-------------|---|-----|
| | Left | Right | | | Left | Right | |
| Ankle | \bigcirc | \circ | Wrist | | \bigcirc | \circ | |
| Elbow | \bigcirc | \circ | Hip | | \bigcirc | \circ | |
| Shoulder | \bigcirc | \circ | Other | | \bigcirc | \bigcirc | |
| Knee | \bigcirc | \circ | | | | | |
| If other , state w | hich joint | | | | | | |
| 2. When did th | nis condition fi | rst occur? | Date (dd/mm/yyyy) | / | / | | |
| 3. What was th | ne cause or rea | son for the co | endition? | | | | |
| 4. Please desc | ribe the exact | nature of the | condition, including syr | nptoms and | d doctor's | liagnosis if known | |
| O Yes O No | | | odes of the condition? umber of episodes and t | he date of t | he most red | cent episode including duration | |
| 6. Please prov | ide details of a | II people you | have consulted for this | condition i | n the table | below | |
| Name and ad doctor/healt | dress of h professional | I | Type (e.g. doctor, chiropractor, physiotherapist) | Date lass consulte (dd/mm/ | ed | Treatment prescribed (e.g. steroids, anti-inflammatory drugs, surgery, acupuncture) | , |
| | | | | / | / | | |
| | | | | / | / | | |
| | | | | / | / | | |
| 7. Have you had | d any time off | work due to th | nis condition? | 1 | | | |
| No If yes, please pr | rovide the date | s and duratior | 1 | | | | |
| No If yes , please po | | | n of movement or restric | tion of any | kind? | | |
| O No If yes , please pr | | | | tion of any | kind? | | |
| No If yes , please po | | | | tion of any | kind? | | |
| No If yes, please process 8. Do you have | e any residual p | | | tion of any | kind? | | |
| No If yes, please process 8. Do you have Yes No If yes, please process If yes, please process No | e any residual p rovide details | pain, limitation | | | kind? | | |
| No If yes, please process 8. Do you have Yes No If yes, please process If yes, please process No | e any residual p rovide details | pain, limitation | n of movement or restric | | kind? | | |
| No If yes, please process 8. Do you have Yes No If yes, please process 9. Are your wo | e any residual p rovide details | pain, limitation | n of movement or restric | | kind? | | |

| 10. Are you still undergoing tro | eatment? | | | |
|---|----------------------------|--|---|--|
| ○ Yes ○ No | | | | |
| If yes , please provide details | | | | |
| | | | | |
| 11. Overall do you feel that yo | ur condition is | ○ Resolved ○ Improving | O Stable O Deteriorating | |
| 12. What was the date of your | last symptoms? | Date (dd/mm/yyyy) / | 1 | |
| CYST/MOLE/SKIN LESIO | ON QUESTIONNAIR | RE | | |
| Only complete this questionnai | | | | |
| 1. Please provide details in the | table below | | | |
| Site (e.g. back, left leg) Date diagnosed (dd/mm/yyyy) | | Type (e.g. basal cell carcinoma, melanoma, cyst, mole) | Pathology results (e.g. malignant, benign, unknown) | |
| | / / | | | |
| | / / | | | |
| | / / | | | |
| 2. Was the cyst/mole/skin les | sion(s) removed? | ○ Yes ○ No | | |
| If yes , please provide details for | r each | Date (dd/mm/yyyy) / | 1 | |
| By what method (e.g. surgically, | frozen or burnt off)? | | | |
| | | | | |
| | | | | |
| | | | | |
| If no , please provide details incl | uding date set for remov | al, if applicable | | |
| | | | | |
| | | | | |
| 3. Have you been or are you re | equired to attend any fur | ther treatment or regular follow-up si | ince the original removal? | |
| ○ Yes | | | | |
| ○ No | | | | |
| If yes , please provide details an | d advise how often follow | v-up is required | | |
| | | | | |
| | | | | |
| 4. Have you had any other tes | ts, investigations or trea | tments not mentioned above? | | |
| O Yes | | | | |
| ○ No | | | | |
| If yes , please provide details | | | | |
| Tests/Treatments/ Investigations | Date (dd/mm/yyyy) | Results | | |
| | / / | | | |
| | / / | | | |
| | | | | |

| 5. Is the treating doctor different to your usual doctor? | | | | |
|---|-------|----------|--|--|
| O Yes | | | | |
| ○ No | | | | |
| If yes , please provide details | | | | |
| Name | | | | |
| Address | | | | |
| Suburb | State | Postcode | | |
| Date of last consultation (dd/mm/yyyy) / / | | | | |
| Additional information/comments | | | | |
| | | | | |
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Phone: 1800 199 414

Email: group.risk.uw@zurich.com.au

Website: zurich.com.au

GPO Box 4129, Sydney NSW 2001

